

## Wettkampf 29 - 400m Freistil männlich

### Pflichtzeiten

2016: 07:40,00 2015: 07:20,00 2014: 07:00,00 2013: 06:30,00 2012: 06:15,00 2011: 06:05,00 2010: 06:00,00 2009:  
 05:50,00 2007 bis 2008: 05:40,00 1900 bis 2006: 05:30,00

### Jahrgang 2016

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister	Makar Heibo	2016	MTV Goslar	07:15,55	128
	100m: 01:44,02 (01:44,02)   200m: 03:38,95 (01:54,93)   300m: 05:32,75 (01:53,80) 400m: 07:15,55 (01:42,80)				

### Jahrgang 2015

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister	Fritz von Hammerstein	2015	TWG 1861 Göttingen	05:52,01	243
	100m: 01:21,06 (01:21,06)   200m: 02:50,48 (01:29,42)   300m: 04:22,49 (01:32,01) 400m: 05:52,01 (01:29,52)				
2.	Moritz Neitsch	2015	SSG Braunschweig	05:53,46	240
	100m: 01:23,58 (01:23,58)   200m: 02:54,28 (01:30,70)   300m: 04:25,15 (01:30,87) 400m: 05:53,46 (01:28,31)				
3.	Conrad Weber	2015	Peiner Schwimmverein	06:09,14	211
	100m: 01:30,31 (01:30,31)   200m: 03:08,32 (01:38,01)   300m: 04:43,93 (01:35,61) 400m: 06:09,14 (01:25,21)				
4.	Arne Saretzki	2015	MTV Goslar	06:13,65	204
	100m: 01:30,90 (01:30,90)   200m: 03:07,75 (01:36,85)   300m: 04:42,99 (01:35,24) 400m: 06:13,65 (01:30,66)				
5.	Karl Helberg	2015	SSG Braunschweig	06:19,20	195
	100m: 01:28,23 (01:28,23)   200m: 02:52,55 (01:24,32)   300m: 04:44,04 (01:51,49) 400m: 06:19,20 (01:35,16)				
6.	Paul Kintzel	2015	ASC Göttingen von 1846 e.V.	07:22,35	122
	100m: 01:46,14 (01:46,14)   200m: 03:41,10 (01:54,96)   300m: 05:35,41 (01:54,31) 400m: 07:22,35 (01:46,94)				
7.	Jakob Kühlke	2015	ASC Göttingen von 1846 e.V.	07:23,48	122
	100m: 01:46,45 (01:46,45)   200m: 03:41,46 (01:55,01)   300m: 05:37,56 (01:56,10) 400m: 07:23,48 (01:45,92)				
	<u>abgemeldet</u>				
	Jasper Mildt	2015	SSG Braunschweig		
	Taras Martynenko	2015	ASC Göttingen von 1846 e.V.		

EnM

EnM

### Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister	Leonard Sommerfeld	2014	SSG Braunschweig	05:26,76	305
	100m: 01:19,09 (01:19,09)   200m: 02:42,53 (01:23,44)   300m: 04:05,91 (01:23,38) 400m: 05:26,76 (01:20,85)				
2.	Matej Vysoký	2014	ASC Göttingen von 1846 e.V.	05:40,26	270
	100m: 01:19,94 (01:19,94)   200m: 02:46,61 (01:26,67)   300m: 04:14,21 (01:27,60) 400m: 05:40,26 (01:26,05)				
3.	Jakub Melis	2014	ASC Göttingen von 1846 e.V.	05:43,82	261
	100m: 01:18,94 (01:18,94)   200m: 02:47,14 (01:28,20)   300m: 04:17,16 (01:30,02) 400m: 05:43,82 (01:26,66)				
4.	Luiz Watzl	2014	TWG 1861 Göttingen	05:44,89	259
	100m: 01:20,36 (01:20,36)   200m: 02:49,13 (01:28,77)   300m: 04:19,87 (01:30,74) 400m: 05:44,89 (01:25,02)				
5.	Maximilian Brocke	2014	MTV Gifhorn	06:09,12	211
	100m: 01:25,13 (01:25,13)   200m: 03:02,01 (01:36,88)   300m: 04:39,48 (01:37,47) 400m: 06:09,12 (01:29,64)				



**noch Wettkampf 29 - 400m Freistil männlich**

**noch Jahrgang 2014**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
6.	Alexander Rathmann <i>100m: 01:37,03 (01:37,03)   200m: 03:27,32 (01:50,29)   300m: 05:17,80 (01:50,48)   400m: 06:59,55 (01:41,75)</i>	2014	SSG Braunschweig	06:59,55	144	
7.	Titus Mende <i>100m: 01:38,00 (01:38,00)   200m: 03:26,67 (01:48,67)   300m: 05:15,92 (01:49,25)   400m: 07:00,97 (01:45,05)</i>	2014	SSG Braunschweig	07:00,97	142	EnM
8.	Jannis Bergmann <i>100m: 01:36,79 (01:36,79)   200m: 03:28,18 (01:51,39)   300m: 05:21,07 (01:52,89)   400m: 07:13,70 (01:52,63)</i>	2014	TWG 1861 Göttingen	07:13,70	130	EnM
9.	Arseni Isaev <i>100m: 01:41,08 (01:41,08)   200m: 03:35,17 (01:54,09)   300m: 05:27,46 (01:52,29)   400m: 07:16,40 (01:48,94)</i>	2014	TWG 1861 Göttingen	07:16,40	128	EnM
	<u>abgemeldet</u>					
	Max Zhao	2014	SSG Braunschweig			
	Phil Wiljes	2014	TuS 1849 Clausthal-Zellerfeld			

**Jahrgang 2013**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1. und Bezirksjahrgangsmeister	Paul-Anton Siegfried <i>100m: 01:09,53 (01:09,53)   200m: 02:26,05 (01:16,52)   300m: 03:43,46 (01:17,41)   400m: 04:58,85 (01:15,39)</i>	2013	SSG Braunschweig	04:58,85	398	
2.	Matteo Leander Paffenholz <i>100m: 01:18,99 (01:18,99)   200m: 02:44,46 (01:25,47)   300m: 04:08,72 (01:24,26)   400m: 05:29,88 (01:21,16)</i>	2013	TuS 1849 Clausthal-Zellerfeld	05:29,88	296	
3.	Jonas Winter <i>100m: 01:20,65 (01:20,65)   200m: 02:49,37 (01:28,72)   300m: 04:18,63 (01:29,26)   400m: 05:42,08 (01:23,45)</i>	2013	ASC Göttingen von 1846 e.V.	05:42,08	265	
4.	Gabriel Castaneda-Burger <i>100m: 01:22,18 (01:22,18)   200m: 02:51,53 (01:29,35)   300m: 04:23,98 (01:32,45)   400m: 05:51,47 (01:27,49)</i>	2013	ASC Göttingen von 1846 e.V.	05:51,47	245	
5.	Jakob Oliver Ernt <i>100m: 01:22,29 (01:22,29)   200m: 02:53,18 (01:30,89)   300m: 04:25,36 (01:32,18)   400m: 05:52,96 (01:27,60)</i>	2013	Peiner Schwimmverein	05:52,96	242	
6.	Oskar Henniges <i>100m: 01:31,41 (01:31,41)   200m: 03:12,95 (01:41,54)   300m: 04:52,88 (01:39,93)   400m: 06:23,77 (01:30,89)</i>	2013	Peiner Schwimmverein	06:23,77	188	

**Jahrgang 2012**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1. und Bezirksjahrgangsmeister	Friedrich Dammeyer <i>100m: 01:10,30 (01:10,30)   200m: 02:26,74 (01:16,44)   300m: 03:45,70 (01:18,96)   400m: 05:03,75 (01:18,05)</i>	2012	SSG Braunschweig	05:03,75	379	
2.	Hannes Baumbach <i>100m: 01:10,59 (01:10,59)   200m: 02:34,33 (01:23,74)   300m: 04:01,39 (01:27,06)   400m: 05:28,05 (01:26,66)</i>	2012	ASC Göttingen von 1846 e.V.	05:28,05	301	
3.	Tom Wendig <i>100m: 01:21,27 (01:21,27)   200m: 02:49,75 (01:28,48)   300m: 04:20,02 (01:30,27)   400m: 05:44,84 (01:24,82)</i>	2012	MTV Gifhorn	05:44,84	259	
4.	Oscar Coblenz <i>100m: 01:21,92 (01:21,92)   200m: 02:56,58 (01:34,66)   300m: 04:34,93 (01:38,35)   400m: 06:01,13 (01:26,20)</i>	2012	Peiner Schwimmverein	06:01,13	225	

## noch Wettkampf 29 - 400m Freistil männlich

### Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister	Yannick Jung 100m: 01:04,64 (01:04,64)   200m: 02:16,91 (01:12,27)   300m: 03:30,36 (01:13,45) 400m: 04:41,14 (01:10,78)	2011	SSG Braunschweig	04:41,14	478
2.	Noah Saretzki 100m: 01:10,02 (01:10,02)   200m: 02:30,45 (01:20,43)   300m: 03:50,49 (01:20,04) 400m: 05:08,12 (01:17,63)	2011	MTV Goslar	05:08,12	363
3.	Christian Walter Putzig 100m: 01:18,43 (01:18,43)   200m: 02:47,99 (01:29,56)   300m: 04:20,52 (01:32,53) 400m: 05:51,26 (01:30,74)	2011	TuS 1849 Clausthal-Zellerfeld	05:51,26	245
<u>abgemeldet</u>					
	Levin Granz	2011	TV Jahn Wolfsburg		

### Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister	Jasper Krüger 100m: 01:10,74 (01:10,74)   200m: 02:31,39 (01:20,65)   300m: 03:51,42 (01:20,03) 400m: 05:08,64 (01:17,22)	2010	ASC Göttingen von 1846 e.V.	05:08,64	361
2.	Tim Habig 100m: 01:09,11 (01:09,11)   200m: 02:30,39 (01:21,28)   300m: 03:55,28 (01:24,89) 400m: 05:15,91 (01:20,63)	2010	MTV Goslar	05:15,91	337

### Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister	Frederik Schöne 100m: 01:01,77 (01:01,77)   200m: 02:07,62 (01:05,85)   300m: 03:13,14 (01:05,52) 400m: 04:16,30 (01:03,16)	2009	SSG Braunschweig	04:16,30	632

### Jahrgang 2007/2008

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksjuniorenmeister	Kai Niklas Merkert 100m: 01:05,13 (01:05,13)   200m: 02:17,60 (01:12,47)   300m: 03:32,39 (01:14,79) 400m: 04:41,41 (01:09,02)	2008	MTV Goslar	04:41,41	477
2.	Paul-Finley Krause 100m: 01:06,50 (01:06,50)   200m: 02:22,82 (01:16,32)   300m: 03:43,64 (01:20,82) 400m: 05:02,92 (01:19,28)	2008	TuS 1849 Clausthal-Zellerfeld	05:02,92	382
<u>abgemeldet</u>					
	Nikolai Sechrist	2008	ASC Göttingen von 1846 e.V.		

### Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksmeister	Frederik Schöne 100m: 01:01,77 (01:01,77)   200m: 02:07,62 (01:05,85)   300m: 03:13,14 (01:05,52) 400m: 04:16,30 (01:03,16)	2009	SSG Braunschweig	04:16,30	632
2.	Yannick Jung 100m: 01:04,64 (01:04,64)   200m: 02:16,91 (01:12,27)   300m: 03:30,36 (01:13,45) 400m: 04:41,14 (01:10,78)	2011	SSG Braunschweig	04:41,14	478
3.	Kai Niklas Merkert 100m: 01:05,13 (01:05,13)   200m: 02:17,60 (01:12,47)   300m: 03:32,39 (01:14,79) 400m: 04:41,41 (01:09,02)	2008	MTV Goslar	04:41,41	477

**noch Wettkampf 29 - 400m Freistil männlich**

**noch Offene Wertung**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
4.	Paul-Anton Siegfried 100m: 01:09,53 (01:09,53)   200m: 02:26,05 (01:16,52)   300m: 03:43,46 (01:17,41) 400m: 04:58,85 (01:15,39)	2013	SSG Braunschweig	04:58,85	398
5.	Paul-Finley Krause 100m: 01:06,50 (01:06,50)   200m: 02:22,82 (01:16,32)   300m: 03:43,64 (01:20,82) 400m: 05:02,92 (01:19,28)	2008	TuS 1849 Clausthal-Zellerfeld	05:02,92	382
6.	Friedrich Dammeyer 100m: 01:10,30 (01:10,30)   200m: 02:26,74 (01:16,44)   300m: 03:45,70 (01:18,96) 400m: 05:03,75 (01:18,05)	2012	SSG Braunschweig	05:03,75	379
7.	Noah Saretzki 100m: 01:10,02 (01:10,02)   200m: 02:30,45 (01:20,43)   300m: 03:50,49 (01:20,04) 400m: 05:08,12 (01:17,63)	2011	MTV Goslar	05:08,12	363
8.	Jasper Krüger 100m: 01:10,74 (01:10,74)   200m: 02:31,39 (01:20,65)   300m: 03:51,42 (01:20,03) 400m: 05:08,64 (01:17,22)	2010	ASC Göttingen von 1846 e.V.	05:08,64	361
9.	Tim Habig 100m: 01:09,11 (01:09,11)   200m: 02:30,39 (01:21,28)   300m: 03:55,28 (01:24,89) 400m: 05:15,91 (01:20,63)	2010	MTV Goslar	05:15,91	337
10.	Leonard Sommerfeld 100m: 01:19,09 (01:19,09)   200m: 02:42,53 (01:23,44)   300m: 04:05,91 (01:23,38) 400m: 05:26,76 (01:20,85)	2014	SSG Braunschweig	05:26,76	305
11.	Hannes Baumbach 100m: 01:10,59 (01:10,59)   200m: 02:34,33 (01:23,74)   300m: 04:01,39 (01:27,06) 400m: 05:28,05 (01:26,66)	2012	ASC Göttingen von 1846 e.V.	05:28,05	301
12.	Matteo Leander Paffenholz 100m: 01:18,99 (01:18,99)   200m: 02:44,46 (01:25,47)   300m: 04:08,72 (01:24,26) 400m: 05:29,88 (01:21,16)	2013	TuS 1849 Clausthal-Zellerfeld	05:29,88	296
13.	Matej Vysoký 100m: 01:19,94 (01:19,94)   200m: 02:46,61 (01:26,67)   300m: 04:14,21 (01:27,60) 400m: 05:40,26 (01:26,05)	2014	ASC Göttingen von 1846 e.V.	05:40,26	270
14.	Jonas Winter 100m: 01:20,65 (01:20,65)   200m: 02:49,37 (01:28,72)   300m: 04:18,63 (01:29,26) 400m: 05:42,08 (01:23,45)	2013	ASC Göttingen von 1846 e.V.	05:42,08	265
15.	Jakub Melis 100m: 01:18,94 (01:18,94)   200m: 02:47,14 (01:28,20)   300m: 04:17,16 (01:30,02) 400m: 05:43,82 (01:26,66)	2014	ASC Göttingen von 1846 e.V.	05:43,82	261
16.	Tom Wendig 100m: 01:21,27 (01:21,27)   200m: 02:49,75 (01:28,48)   300m: 04:20,02 (01:30,27) 400m: 05:44,84 (01:24,82)	2012	MTV Gifhorn	05:44,84	259
17.	Luiz Watzl 100m: 01:20,36 (01:20,36)   200m: 02:49,13 (01:28,77)   300m: 04:19,87 (01:30,74) 400m: 05:44,89 (01:25,02)	2014	TWG 1861 Göttingen	05:44,89	259
18.	Christian Walter Putzig 100m: 01:18,43 (01:18,43)   200m: 02:47,99 (01:29,56)   300m: 04:20,52 (01:32,53) 400m: 05:51,26 (01:30,74)	2011	TuS 1849 Clausthal-Zellerfeld	05:51,26	245
19.	Gabriel Castaneda-Burger 100m: 01:22,18 (01:22,18)   200m: 02:51,53 (01:29,35)   300m: 04:23,98 (01:32,45) 400m: 05:51,47 (01:27,49)	2013	ASC Göttingen von 1846 e.V.	05:51,47	245
20.	Fritz von Hammerstein 100m: 01:21,06 (01:21,06)   200m: 02:50,48 (01:29,42)   300m: 04:22,49 (01:32,01) 400m: 05:52,01 (01:29,52)	2015	TWG 1861 Göttingen	05:52,01	243
21.	Jakob Oliver Ernt 100m: 01:22,29 (01:22,29)   200m: 02:53,18 (01:30,89)   300m: 04:25,36 (01:32,18) 400m: 05:52,96 (01:27,60)	2013	Peiner Schwimmverein	05:52,96	242
22.	Moritz Neitsch 100m: 01:23,58 (01:23,58)   200m: 02:54,28 (01:30,70)   300m: 04:25,15 (01:30,87) 400m: 05:53,46 (01:28,31)	2015	SSG Braunschweig	05:53,46	240

**noch Wettkampf 29 - 400m Freistil männlich**

**noch Offene Wertung**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
23.	Oscar Coblenz 100m: 01:21,92 (01:21,92)   200m: 02:56,58 (01:34,66)   300m: 04:34,93 (01:38,35) 400m: 06:01,13 (01:26,20)	2012	Peiner Schwimmverein	06:01,13	225	
24.	Maximilian Brocke 100m: 01:25,13 (01:25,13)   200m: 03:02,01 (01:36,88)   300m: 04:39,48 (01:37,47) 400m: 06:09,12 (01:29,64)	2014	MTV Gifhorn	06:09,12	211	
25.	Conrad Weber 100m: 01:30,31 (01:30,31)   200m: 03:08,32 (01:38,01)   300m: 04:43,93 (01:35,61) 400m: 06:09,14 (01:25,21)	2015	Peiner Schwimmverein	06:09,14	211	
26.	Arne Saretzki 100m: 01:30,90 (01:30,90)   200m: 03:07,75 (01:36,85)   300m: 04:42,99 (01:35,24) 400m: 06:13,65 (01:30,66)	2015	MTV Goslar	06:13,65	204	
27.	Karl Helberg 100m: 01:28,23 (01:28,23)   200m: 02:52,55 (01:24,32)   300m: 04:44,04 (01:51,49) 400m: 06:19,20 (01:35,16)	2015	SSG Braunschweig	06:19,20	195	
28.	Oskar Henniges 100m: 01:31,41 (01:31,41)   200m: 03:12,95 (01:41,54)   300m: 04:52,88 (01:39,93) 400m: 06:23,77 (01:30,89)	2013	Peiner Schwimmverein	06:23,77	188	
29.	Alexander Rathmann 100m: 01:37,03 (01:37,03)   200m: 03:27,32 (01:50,29)   300m: 05:17,80 (01:50,48) 400m: 06:59,55 (01:41,75)	2014	SSG Braunschweig	06:59,55	144	
30.	Titus Mende 100m: 01:38,00 (01:38,00)   200m: 03:26,67 (01:48,67)   300m: 05:15,92 (01:49,25) 400m: 07:00,97 (01:45,05)	2014	SSG Braunschweig	07:00,97	142	EnM
31.	Jannis Bergmann 100m: 01:36,79 (01:36,79)   200m: 03:28,18 (01:51,39)   300m: 05:21,07 (01:52,89) 400m: 07:13,70 (01:52,63)	2014	TWG 1861 Göttingen	07:13,70	130	EnM
32.	Makar Heibo 100m: 01:44,02 (01:44,02)   200m: 03:38,95 (01:54,93)   300m: 05:32,75 (01:53,80) 400m: 07:15,55 (01:42,80)	2016	MTV Goslar	07:15,55	128	
33.	Arseni Isaev 100m: 01:41,08 (01:41,08)   200m: 03:35,17 (01:54,09)   300m: 05:27,46 (01:52,29) 400m: 07:16,40 (01:48,94)	2014	TWG 1861 Göttingen	07:16,40	128	EnM
34.	Paul Kintzel 100m: 01:46,14 (01:46,14)   200m: 03:41,10 (01:54,96)   300m: 05:35,41 (01:54,31) 400m: 07:22,35 (01:46,94)	2015	ASC Göttingen von 1846 e.V.	07:22,35	122	EnM
35.	Jakob Kühlke 100m: 01:46,45 (01:46,45)   200m: 03:41,46 (01:55,01)   300m: 05:37,56 (01:56,10) 400m: 07:23,48 (01:45,92)	2015	ASC Göttingen von 1846 e.V.	07:23,48	122	EnM
	<u>nicht am Start</u> Sebastian Schulze	1987	SC Hellas Salzgitter			EnM