

Wettkampf 32 - 400m Lagen weiblich

AK 60

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	<u>abgemeldet</u> Martina Homeyer	1964/AK 60	SG Wiste	

AK 55

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Norddt. Mastersmeisterin	Rita Acampora	1970/AK 55	Zehlendorfer TSV von 1888 e.V.	06:53,50
	50m: 00:44,46 (00:44,46) 100m: 01:40,55 (00:56,09) 150m: 02:36,64 (00:56,09) 200m: 03:30,84 (00:54,20) 250m: 04:28,37 (00:57,53) 300m: 05:22,79 (00:54,42) 350m: 06:08,90 (00:46,11) 400m: 06:53,50 (00:44,60)			

AK 50

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Norddt. Mastersmeisterin	Annett Schwabe	1972/AK 50	PSV Delphin 1889	07:44,93
	50m: 00:54,06 (00:54,06) 100m: 01:52,44 (00:58,38) 150m: 02:55,75 (01:03,31) 200m: 03:58,08 (01:02,33) 250m: 04:58,43 (01:00,35) 300m: 05:56,61 (00:58,18) 400m: 07:44,93 (01:48,32)			

AK 45

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Norddt. Mastersmeisterin	Sina Lang	1977/AK 45	BSC Robben	06:10,61
	50m: 00:39,19 (00:39,19) 100m: 01:21,30 (00:42,11) 150m: 02:11,60 (00:50,30) 200m: 02:59,41 (00:47,81) 250m: 03:54,96 (00:55,55) 300m: 04:50,49 (00:55,53) 350m: 05:32,05 (00:41,56) 400m: 06:10,61 (00:38,56)			
2.	Cornelia Ennen	1978/AK 45	Wilhelmshavener SSV	06:37,52
	50m: 00:41,01 (00:41,01) 100m: 01:31,52 (00:50,51) 150m: 02:24,16 (00:52,64) 200m: 03:15,93 (00:51,77) 250m: 04:10,66 (00:54,73) 300m: 05:03,92 (00:53,26) 350m: 05:50,82 (00:46,90) 400m: 06:37,52 (00:46,70)			
	<u>abgemeldet</u> Nina Heese	1979/AK 45	SGS Hamburg	

AK 35

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Norddt. Mastersmeisterin	Hannah Ehlers	1988/AK 35	ATS Cuxhaven	06:10,30
	50m: 00:39,53 (00:39,53) 100m: 01:23,89 (00:44,36) 150m: 02:14,29 (00:50,40) 200m: 03:02,72 (00:48,43) 250m: 03:56,35 (00:53,63) 300m: 04:49,30 (00:52,95) 350m: 05:30,13 (00:40,83) 400m: 06:10,30 (00:40,17)			
2.	Ulrike Thielemann	1986/AK 35	Flensburger Schwimmklub v. 1930 e.V.	06:39,39
	50m: 00:46,08 (00:46,08) 100m: 01:37,81 (00:51,73) 150m: 02:31,78 (00:53,97) 200m: 03:23,31 (00:51,53) 250m: 04:18,26 (00:54,95) 300m: 05:10,72 (00:52,46) 350m: 05:56,86 (00:46,14) 400m: 06:39,39 (00:42,53)			
3.	Christiane Streek	1988/AK 35	SGS Verden Dörverden	06:41,19
	50m: 00:41,90 (00:41,90) 100m: 01:33,41 (00:51,51) 150m: 02:25,33 (00:51,92) 200m: 03:15,51 (00:50,18) 250m: 04:11,71 (00:56,20) 300m: 05:07,11 (00:55,40) 350m: 05:54,81 (00:47,70) 400m: 06:41,19 (00:46,38)			

noch Wettkampf 32 - 400m Lagen weiblich

AK 30

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Norddt. Mastersmeisterin	Stephanie Schwank	1991/AK 30	ASC Göttingen von 1846 e.V.	06:25,83
	50m: 00:41,76 (00:41,76) 100m: 01:33,98 (00:52,22) 150m: 02:23,61 (00:49,63) 200m: 03:12,05 (00:48,44) 250m: 04:05,74 (00:53,69) 300m: 04:58,66 (00:52,92) 350m: 05:42,78 (00:44,12) 400m: 06:25,83 (00:43,05)			
2.	Imke Mülder	1993/AK 30	SV Wasserfreunde Völlen - Papenburg e.V.	06:35,58
	50m: 00:43,48 (00:43,48) 100m: 01:30,74 (00:47,26) 150m: 02:20,37 (00:49,63) 200m: 03:09,51 (00:49,14) 250m: 04:10,96 (01:01,45) 300m: 05:10,20 (00:59,24) 350m: 05:53,61 (00:43,41) 400m: 06:35,58 (00:41,97)			

AK 25

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Norddt. Mastersmeisterin	Sara Gäbler	1997/AK 25	SG TSG HB10 Bremen	05:26,45
	50m: 00:37,42 (00:37,42) 100m: 01:19,24 (00:41,82) 150m: 02:01,14 (00:41,90) 200m: 02:43,22 (00:42,08) 250m: 03:28,65 (00:45,43) 300m: 04:13,35 (00:44,70) 350m: 04:50,53 (00:37,18) 400m: 05:26,45 (00:35,92)			
2.	Tina Kehlitz	1998/AK 25	SV Grün-Weiß Wittenberg	05:42,66
	50m: 00:36,56 (00:36,56) 100m: 01:18,56 (00:42,00) 150m: 02:01,44 (00:42,88) 200m: 02:43,96 (00:42,52) 250m: 03:35,39 (00:51,43) 300m: 04:25,99 (00:50,60) 350m: 05:04,22 (00:38,23) 400m: 05:42,66 (00:38,44)			
3.	Jana Selina Weindok	2000/AK 25	Peiner Schwimmverein	06:27,24
	50m: 00:44,41 (00:44,41) 100m: 01:34,56 (00:50,15) 150m: 02:21,99 (00:47,43) 200m: 03:08,70 (00:46,71) 250m: 04:05,43 (00:56,73) 300m: 05:01,11 (00:55,68) 350m: 05:45,21 (00:44,10) 400m: 06:27,24 (00:42,03)			
	<u>abgemeldet</u>			
	Lisa-Maria Novak	1996/AK 25	PSV Delphin 1889	

AK 20

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Norddt. Mastersmeisterin	Louisa Marie Obermark	2002/AK 20	TSB Flensburg v. 1865	05:45,29
	50m: 00:36,39 (00:36,39) 100m: 01:18,17 (00:41,78) 150m: 02:03,79 (00:45,62) 200m: 02:46,76 (00:42,97) 250m: 03:38,16 (00:51,40) 300m: 04:29,52 (00:51,36) 350m: 05:07,97 (00:38,45) 400m: 05:45,29 (00:37,32)			
2.	Christin Kamlage	2001/AK 20	TV Meppen	05:50,59
	50m: 00:39,04 (00:39,04) 100m: 01:23,34 (00:44,30) 150m: 02:12,07 (00:48,73) 200m: 02:59,29 (00:47,22) 250m: 03:45,27 (00:45,98) 300m: 04:30,16 (00:44,89) 350m: 05:11,21 (00:41,05) 400m: 05:50,59 (00:39,38)			
3.	Ferike Tynior	2003/AK 20	SC Hellas Salzgitter	05:59,00
	50m: 00:36,91 (00:36,91) 100m: 01:22,97 (00:46,06) 150m: 02:11,23 (00:48,26) 200m: 02:58,06 (00:46,83) 250m: 03:50,27 (00:52,21) 300m: 04:42,19 (00:51,92) 350m: 05:22,30 (00:40,11) 400m: 05:59,00 (00:36,70)			
4.	Franka Bräuer	2001/AK 20	Flensburger Schwimmklub v. 1930 e.V.	06:31,16
	50m: 00:40,88 (00:40,88) 100m: 01:34,43 (00:53,55) 150m: 02:24,67 (00:50,24) 200m: 03:13,12 (00:48,45) 250m: 04:07,80 (00:54,68) 300m: 05:04,95 (00:57,15) 350m: 05:48,62 (00:43,67) 400m: 06:31,16 (00:42,54)			