

Wettkampf 30 - 400m Freistil männlich

Pflichtzeiten

2011: 05:04,00 2010: 04:41,00 2009: 04:30,00 2008: 04:30,00 2006 bis 2007: 04:27,00 1900 bis 2005: 04:21,00

Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1.	Marco Laborius 100m: 00:59,69 (00:59,69) 200m: 02:04,41 (01:04,72) 300m: 03:09,25 (01:04,84) 400m: 04:13,38 (01:04,13)	2000	SSG Braunschweig	04:13,38	
2.	Leon-Maurice Wilhelms 100m: 01:00,29 (01:00,29) 200m: 02:06,85 (01:06,56) 300m: 03:15,40 (01:08,55) 400m: 04:22,16 (01:06,76)	2008	W98 Hannover	04:22,16	
3.	Jano Schröder 100m: 01:01,20 (01:01,20) 200m: 02:07,91 (01:06,71) 300m: 03:16,37 (01:08,46) 400m: 04:22,50 (01:06,13)	2009	VfL Osnabrück	04:22,50	
3.	Titus Andre Kossler 100m: 01:00,24 (01:00,24) 200m: 02:07,30 (01:07,06) 300m: 03:15,68 (01:08,38) 400m: 04:22,50 (01:06,82)	2009	SGS Hannover	04:22,50	
5.	Timon Kost 100m: 01:01,53 (01:01,53) 200m: 02:09,53 (01:08,00) 300m: 03:18,08 (01:08,55) 400m: 04:23,10 (01:05,02)	2009	SC Altwarmbüchen	04:23,10	
6.	Frederik Schöne 100m: 01:04,04 (01:04,04) 200m: 02:13,77 (01:09,73) 300m: 03:22,76 (01:08,99) 400m: 04:27,51 (01:04,75)	2009	SSG Braunschweig	04:27,51	
7.	Timo Wentland 100m: 01:02,46 (01:02,46) 200m: 02:11,51 (01:09,05) 300m: 03:21,98 (01:10,47) 400m: 04:30,50 (01:08,52)	2011	SSG Braunschweig	04:30,50	
8.	Niklas Meyer 100m: 01:04,30 (01:04,30) 200m: 02:14,22 (01:09,92) 300m: 03:24,69 (01:10,47) 400m: 04:34,78 (01:10,09)	2007	Delmenhorster SV 1905	04:34,78	EnM
9.	Julian Füllgraf 100m: 01:05,46 (01:05,46) 200m: 02:15,17 (01:09,71) 300m: 03:25,92 (01:10,75) 400m: 04:36,47 (01:10,55)	2005	VfL Osnabrück	04:36,47	EnM
10.	Frederik Knäuper 100m: 01:05,10 (01:05,10) 200m: 02:16,28 (01:11,18) 300m: 03:27,85 (01:11,57) 400m: 04:37,06 (01:09,21)	2009	VfL Osnabrück	04:37,06	EnM
11.	Jan Daweke 100m: 01:05,65 (01:05,65) 200m: 02:16,25 (01:10,60) 300m: 03:27,92 (01:11,67) 400m: 04:38,71 (01:10,79)	2008	VfL Osnabrück	04:38,71	EnM
12.	Levi Heuer 100m: 01:06,84 (01:06,84) 200m: 02:17,65 (01:10,81) 300m: 03:28,90 (01:11,25) 400m: 04:39,72 (01:10,82)	2010	SSG Braunschweig	04:39,72	
13.	Lev Andrzheevskii 100m: 01:04,65 (01:04,65) 200m: 02:16,72 (01:12,07) 300m: 03:30,11 (01:13,39) 400m: 04:42,03 (01:11,92)	2011	Celler Schwimm-Club e.V.	04:42,03	
14.	Kieril Rudko 100m: 01:07,54 (01:07,54) 200m: 02:20,57 (01:13,03) 300m: 03:33,80 (01:13,23) 400m: 04:44,12 (01:10,32)	2011	Delmenhorster SV 1905	04:44,12	
15.	Mattis Meyer 100m: 01:07,00 (01:07,00) 200m: 02:19,68 (01:12,68) 300m: 03:32,78 (01:13,10) 400m: 04:44,36 (01:11,58)	2011	Delmenhorster SV 1905	04:44,36	
16.	Jesper Kappertz 100m: 01:10,48 (01:10,48) 200m: 02:28,19 (01:17,71) 300m: 03:47,17 (01:18,98) 400m: 05:03,51 (01:16,34)	2011	VfV Hildesheim	05:03,51	

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Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Landesjahrgangsmeister	Timo Wentland	2011	SSG Braunschweig	04:30,50
	100m: 01:02,46 (01:02,46) 200m: 02:11,51 (01:09,05) 300m: 03:21,98 (01:10,47) 400m: 04:30,50 (01:08,52)			
2.	Lev Andrzheevskii	2011	Celler Schwimm-Club e.V.	04:42,03
	100m: 01:04,65 (01:04,65) 200m: 02:16,72 (01:12,07) 300m: 03:30,11 (01:13,39) 400m: 04:42,03 (01:11,92)			
3.	Kieril Rudko	2011	Delmenhorster SV 1905	04:44,12
	100m: 01:07,54 (01:07,54) 200m: 02:20,57 (01:13,03) 300m: 03:33,80 (01:13,23) 400m: 04:44,12 (01:10,32)			
4.	Mattis Meyer	2011	Delmenhorster SV 1905	04:44,36
	100m: 01:07,00 (01:07,00) 200m: 02:19,68 (01:12,68) 300m: 03:32,78 (01:13,10) 400m: 04:44,36 (01:11,58)			
5.	Jesper Kappertz	2011	VfV Hildesheim	05:03,51
	100m: 01:10,48 (01:10,48) 200m: 02:28,19 (01:17,71) 300m: 03:47,17 (01:18,98) 400m: 05:03,51 (01:16,34)			

Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Landesjahrgangsmeister	Levi Heuer	2010	SSG Braunschweig	04:39,72
	100m: 01:06,84 (01:06,84) 200m: 02:17,65 (01:10,81) 300m: 03:28,90 (01:11,25) 400m: 04:39,72 (01:10,82)			

Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Landesjahrgangsmeister	Jano Schröder	2009	VfL Osnabrück	04:22,50
	100m: 01:01,20 (01:01,20) 200m: 02:07,91 (01:06,71) 300m: 03:16,37 (01:08,46) 400m: 04:22,50 (01:06,13)			
1. und Landesjahrgangsmeister	Titus Andre Kossler	2009	SGS Hannover	04:22,50
	100m: 01:00,24 (01:00,24) 200m: 02:07,30 (01:07,06) 300m: 03:15,68 (01:08,38) 400m: 04:22,50 (01:06,82)			
3.	Timon Kost	2009	SC Altwarmbüchen	04:23,10
	100m: 01:01,53 (01:01,53) 200m: 02:09,53 (01:08,00) 300m: 03:18,08 (01:08,55) 400m: 04:23,10 (01:05,02)			
4.	Frederik Schöne	2009	SSG Braunschweig	04:27,51
	100m: 01:04,04 (01:04,04) 200m: 02:13,77 (01:09,73) 300m: 03:22,76 (01:08,99) 400m: 04:27,51 (01:04,75)			
5.	Frederik Knäuper	2009	VfL Osnabrück	04:37,06
	100m: 01:05,10 (01:05,10) 200m: 02:16,28 (01:11,18) 300m: 03:27,85 (01:11,57) 400m: 04:37,06 (01:09,21)			

Jahrgang 2008

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Landesjahrgangsmeister	Leon-Maurice Wilhelms	2008	W98 Hannover	04:22,16
	100m: 01:00,29 (01:00,29) 200m: 02:06,85 (01:06,56) 300m: 03:15,40 (01:08,55) 400m: 04:22,16 (01:06,76)			
2.	Jan Daweke	2008	VfL Osnabrück	04:38,71
	100m: 01:05,65 (01:05,65) 200m: 02:16,25 (01:10,60) 300m: 03:27,92 (01:11,67) 400m: 04:38,71 (01:10,79)			



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Jahrgang 2006/2007

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1. und Landesjuniorenmeister	Niklas Meyer	2007	Delmenhorster SV 1905	04:34,78	EnM
	100m: 01:04,30 (01:04,30) 200m: 02:14,22 (01:09,92) 300m: 03:24,69 (01:10,47)				
	400m: 04:34,78 (01:10,09)				

