

Wettkampf 3 - 400m Lagen weiblich

Pflichtzeiten

2012 LSN: 07:10,00 2011 LSN: 6:45,00 NSV: 06:15,00 2010 LSN: 6:35,00 NSV: 06:00,00 2009 LSN: 6:25,00 NSV: 05:50,00 2008 LSN: 6:10,00 NSV: 05:40,00 2007 LSN: 6:05,00 NSV: 05:35,00 2006 LSN: 6:00,00 NSV: 05:30,00 04-05 LSN: 5:50,00 NSV: 05:25,00
 offen LSN: 5:45,00 NSV: 05:20,00

Jahrgang 2011 (NSV)

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA	
1. und Norddeutsche Jahrgangsmeisterin	Liv Brüggemann 100m: 01:25,63 (01:25,63) 200m: 02:54,31 (01:28,68) 300m: 04:33,73 (01:39,42) 400m: 05:53,03 (01:19,30)	2011	SG Hamburg-West NDM	05:53,03	429	
2.	Julia Seidler 100m: 01:20,51 (01:20,51) 200m: 02:59,12 (01:38,61) 300m: 04:34,38 (01:35,26) 400m: 06:01,48 (01:27,10)	2011	TSV Pattensen NDM	06:01,48	400	
3.	Caroline Back 100m: 01:23,37 (01:23,37) 200m: 02:52,66 (01:29,29) 300m: 04:37,59 (01:44,93) 400m: 06:01,92 (01:24,33)	2011	Celler Schwimm-Club e.V. NDM	06:01,92	398	
4.	Jana Frickel 100m: 01:20,67 (01:20,67) 200m: 02:53,85 (01:33,18) 300m: 04:41,09 (01:47,24) 400m: 06:04,64 (01:23,55)	2011	WSG Wunstorf NDM	06:04,64	389	
5.	Greta Potschaske 100m: 01:28,24 (01:28,24) 200m: 03:00,51 (01:32,27) 300m: 04:48,08 (01:47,57) 400m: 06:10,83 (01:22,75)	2011	SG Lübeck NDM	06:10,83	370	
6.	Maja Junia Döppner 100m: 01:38,10 (01:38,10) 200m: 03:11,85 (01:33,75) 300m: 04:57,51 (01:45,66) 400m: 06:18,31 (01:20,80)	2011	SSG Braunschweig NDM	06:18,31	349	EnM
7.	Carla Bredemeier 100m: 01:33,55 (01:33,55) 200m: 03:07,42 (01:33,87) 300m: 04:55,31 (01:47,89) 400m: 06:20,16 (01:24,85)	2011	Wardenburger SC NDM	06:20,16	343	EnM

Jahrgang 2010 (NSV)

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA	
1. und Norddeutsche Jahrgangsmeisterin	Evelyn Wegrotzki 100m: 01:11,59 (01:11,59) 200m: 02:38,70 (01:27,11) 300m: 04:14,95 (01:36,25) 400m: 05:30,12 (01:15,17)	2010	SG HT16 Hamburg NDM	05:30,12	525	
2.	Clara Lou Küsel 100m: 01:17,84 (01:17,84) 200m: 02:43,94 (01:26,10) 300m: 04:22,83 (01:38,89) 400m: 05:36,79 (01:13,96)	2010	SSG Braunschweig NDM	05:36,79	494	
3.	Alina Meyer 100m: 01:16,03 (01:16,03) 200m: 02:45,61 (01:29,58) 300m: 04:22,71 (01:37,10) 400m: 05:38,80 (01:16,09)	2010	Delmenhorster SV 1905 NDM	05:38,80	485	
4.	Alia Oehring 100m: 01:16,05 (01:16,05) 200m: 02:40,74 (01:24,69) 300m: 04:19,72 (01:38,98) 400m: 05:38,99 (01:19,27)	2010	TSV Pattensen NDM	05:38,99	485	
5.	Emma Kindel 100m: 01:19,21 (01:19,21) 200m: 02:46,49 (01:27,28) 300m: 04:25,59 (01:39,10) 400m: 05:43,77 (01:18,18)	2010	SG HT16 Hamburg NDM	05:43,77	465	
6.	Lara Marie Temmen 100m: 01:23,56 (01:23,56) 200m: 02:53,88 (01:30,32) 300m: 04:36,75 (01:42,87) 400m: 05:50,68 (01:13,93)	2010	SC Delphin Lübeck v.1960 e.V. NDM	05:50,68	438	
7.	Sofia Kolomiiets 100m: 01:19,61 (01:19,61) 200m: 02:53,56 (01:33,95) 300m: 04:33,43 (01:39,87) 400m: 05:53,18 (01:19,75)	2010	Möllner SV NDM	05:53,18	428	
8.	Jette Meyer 100m: 01:23,68 (01:23,68) 200m: 02:54,18 (01:30,50) 300m: 04:36,93 (01:42,75) 400m: 05:54,66 (01:17,73)	2010	Delmenhorster SV 1905 NDM	05:54,66	423	
9.	Maileen Pilwat 100m: 01:25,80 (01:25,80) 200m: 02:57,86 (01:32,06) 300m: 04:36,83 (01:38,97) 400m: 05:57,31 (01:20,48)	2010	SG Wasserratten Norderstedt NDM	05:57,31	414	



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noch Jahrgang 2010 (NSV)

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA	
10.	Emma Heiles 100m: 01:22,99 (01:22,99) 200m: 02:52,88 (01:29,89) 300m: 04:39,69 (01:46,81) 400m: 06:02,00 (01:22,31)	2010	SSG Braunschweig NDM	06:02,00	398	EnM
11.	Marie Prignitz 100m: 01:29,71 (01:29,71) 200m: 03:00,35 (01:30,64) 300m: 04:40,32 (01:39,97) 400m: 06:02,07 (01:21,75)	2010	SG Wasserratten Norderstedt NDM	06:02,07	398	EnM
12.	Fabienne Lülsdorf 100m: 01:30,97 (01:30,97) 200m: 03:04,09 (01:33,12) 300m: 04:49,80 (01:45,71) 400m: 06:04,50 (01:14,70)	2010	SG Wasserratten Norderstedt NDM	06:04,50	390	EnM
13.	Mia Grage 100m: 01:22,34 (01:22,34) 200m: 02:56,31 (01:33,97) 300m: 04:55,21 (01:58,90) 400m: 06:19,48 (01:24,27)	2010	SG Bad Schwartau NDM	06:19,48	345	EnM

Jahrgang 2009 (NSV)

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA	
1. und Norddeutsche Jahrgangsmeisterin	Daria Burmatov 100m: 01:15,34 (01:15,34) 200m: 02:42,37 (01:27,03) 300m: 04:19,31 (01:36,94) 400m: 05:32,52 (01:13,21)	2009	SG TSG HB10 Bremen NDM	05:32,52	513	
2.	Maike Gottenströter 100m: 01:13,86 (01:13,86) 200m: 02:40,03 (01:26,17) 300m: 04:18,36 (01:38,33) 400m: 05:34,79 (01:16,43)	2009	SGS Hannover NDM	05:34,79	503	
3.	Leni Paulina Zawesky 100m: 01:26,36 (01:26,36) 200m: 02:51,60 (01:25,24) 300m: 04:30,14 (01:38,54) 400m: 05:46,51 (01:16,37)	2009	SG TSG HB10 Bremen NDM	05:46,51	454	
4.	Lotta Marie Stratmann 100m: 01:16,72 (01:16,72) 200m: 02:47,51 (01:30,79) 300m: 04:35,56 (01:48,05) 400m: 05:52,09 (01:16,53)	2009	SV Neptun Kiel NDM	05:52,09	432	EnM
5.	Alix Golke 100m: 01:25,81 (01:25,81) 200m: 02:55,07 (01:29,26) 300m: 04:35,79 (01:40,72) 400m: 05:53,98 (01:18,19)	2009	SG TSG HB10 Bremen NDM	05:53,98	426	EnM
6.	Merle Luise Michaelis 100m: 01:24,00 (01:24,00) 200m: 02:57,09 (01:33,09) 300m: 04:39,43 (01:42,34) 400m: 05:54,96 (01:15,53)	2009	SG TSG HB10 Bremen NDM	05:54,96	422	EnM
7.	Jette Neubauer 100m: 01:24,01 (01:24,01) 200m: 02:53,05 (01:29,04) 300m: 04:35,28 (01:42,23) 400m: 05:57,50 (01:22,22)	2009	SGS Langenhagen NDM	05:57,50	413	EnM

Jahrgang 2008 (NSV)

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA	
1. und Norddeutsche Jahrgangsmeisterin	Leni Wendrich 100m: 01:12,93 (01:12,93) 200m: 02:35,42 (01:22,49) 300m: 04:00,54 (01:25,12) 400m: 05:12,44 (01:11,90)	2008	PSV Cottbus 90 NDM	05:12,44	619	
2.	Mila Knocha 100m: 01:08,71 (01:08,71) 200m: 02:30,05 (01:21,34) 300m: 04:01,62 (01:31,57) 400m: 05:15,47 (01:13,85)	2008	PSV Cottbus 90 NDM	05:15,47	601	
3.	Mira Charlotte Radtke 100m: 01:13,43 (01:13,43) 200m: 02:38,53 (01:25,10) 300m: 04:14,06 (01:35,53) 400m: 05:27,30 (01:13,24)	2008	SG Schöneberg, Berlin e. V. NDM	05:27,30	538	
4.	Cecilie von Klaeden 100m: 01:09,75 (01:09,75) 200m: 02:35,94 (01:26,19) 300m: 04:13,11 (01:37,17) 400m: 05:27,92 (01:14,81)	2008	SGS Hannover NDM	05:27,92	535	
5.	Ina Gering 100m: 01:12,96 (01:12,96) 200m: 02:39,54 (01:26,58) 300m: 04:13,64 (01:34,10) 400m: 05:28,40 (01:14,76)	2008	VfL Osnabrück NDM	05:28,40	533	



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noch Jahrgang 2008 (NSV)

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA	
6.	Hanna Lemmermann 100m: 01:12,21 (01:12,21) 200m: 02:36,85 (01:24,64) 300m: 04:15,44 (01:38,59) 400m: 05:28,56 (01:13,12)	2008	Delmenhorster SV 1905 NDM	05:28,56	532	
7.	Lara Timme 100m: 01:16,91 (01:16,91) 200m: 02:41,68 (01:24,77) 300m: 04:19,78 (01:38,10) 400m: 05:34,85 (01:15,07)	2008	SG TSG HB10 Bremen NDM	05:34,85	503	
8.	Yosefina Deneff 100m: 01:14,07 (01:14,07) 200m: 02:44,61 (01:30,54) 300m: 04:20,98 (01:36,37) 400m: 05:35,86 (01:14,88)	2008	ATS Cuxhaven NDM	05:35,86	498	
9.	Katharina Scholz 100m: 01:15,36 (01:15,36) 200m: 02:44,76 (01:29,40) 300m: 04:21,37 (01:36,61) 400m: 05:37,89 (01:16,52)	2008	SSG Braunschweig NDM	05:37,89	489	
10.	Viktoria Hoffmann 100m: 01:16,99 (01:16,99) 200m: 02:44,64 (01:27,65) 300m: 04:21,97 (01:37,33) 400m: 05:40,20 (01:18,23)	2008	SG Lübeck NDM	05:40,20	479	EnM
11.	Maryella Monsees 100m: 01:16,47 (01:16,47) 200m: 02:44,25 (01:27,78) 300m: 04:25,76 (01:41,51) 400m: 05:46,96 (01:21,20)	2008	OSC Bremerhaven 1972 NDM	05:46,96	452	EnM
12.	Yael Esther Rohde 100m: 01:18,55 (01:18,55) 200m: 02:49,17 (01:30,62) 300m: 04:30,22 (01:41,05) 400m: 05:47,94 (01:17,72)	2008	Delmenhorster SV 1905 NDM	05:47,94	448	EnM
<u>abgemeldet</u>						
	Phibie-Frederike Dücker	2008	SV Neptun Kiel NDM			

Jahrgang 2007 (NSV)

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA	
1. und Norddeutsche Jahrgangmeisterin	Anisa Sabovic 100m: 01:08,96 (01:08,96) 200m: 02:31,44 (01:22,48) 300m: 04:10,64 (01:39,20) 400m: 05:23,05 (01:12,41)	2007	SGS Langenhagen NDM	05:23,05	560	
2.	Jule Dirks 100m: 01:12,38 (01:12,38) 200m: 02:41,62 (01:29,24) 300m: 04:18,28 (01:36,66) 400m: 05:33,18 (01:14,90)	2007	Eintracht Hildesheim NDM	05:33,18	510	
3.	Annika Cho 100m: 01:16,66 (01:16,66) 200m: 02:42,42 (01:25,76) 300m: 04:17,78 (01:35,36) 400m: 05:34,68 (01:16,90)	2007	VfL Osnabrück NDM	05:34,68	504	
4.	Sarah Wessalowski 100m: 01:13,72 (01:13,72) 200m: 02:37,31 (01:23,59) 300m: 04:16,08 (01:38,77) 400m: 05:34,77 (01:18,69)	2007	OSC Bremerhaven 1972 NDM	05:34,77	503	
5.	Lilith Hinrichsen 100m: 01:11,09 (01:11,09) 200m: 02:42,82 (01:31,73) 300m: 04:24,99 (01:42,17) 400m: 05:38,07 (01:13,08)	2007	TSV RW Niebüll NDM	05:38,07	489	EnM
6.	Jella Belgardt 100m: 01:14,99 (01:14,99) 200m: 02:44,11 (01:29,12) 300m: 04:25,02 (01:40,91) 400m: 05:41,14 (01:16,12)	2007	OSC Bremerhaven 1972 NDM	05:41,14	476	EnM
7.	Sofie Gügelmeyer 100m: 01:14,00 (01:14,00) 200m: 02:46,60 (01:32,60) 300m: 04:24,75 (01:38,15) 400m: 05:41,70 (01:16,95)	2007	SV Wasserfreunde Dalum NDM	05:41,70	473	EnM
8.	Luca Dessau 100m: 01:14,58 (01:14,58) 200m: 02:46,43 (01:31,85) 300m: 04:29,99 (01:43,56) 400m: 05:46,01 (01:16,02)	2007	Polizei SV Oldenburg NDM	05:46,01	456	EnM
9.	Janne-Nell Poetzsch-Heffter 100m: 01:18,48 (01:18,48) 200m: 02:46,31 (01:27,83) 300m: 04:28,29 (01:41,98) 400m: 05:49,79 (01:21,50)	2007	SG Lübeck NDM	05:49,79	441	EnM
<u>abgemeldet</u>						
	Lisa Marie Didszun	2007	Eintracht Hildesheim NDM			



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Jahrgang 2006 (NSV)

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA	
1. und Norddeutsche Jahrgangsmeisterin	Carlotta Ingenerf	2006	W98 Hannover NDM	05:04,20	671	
	100m: 01:07,96 (01:07,96) 200m: 02:26,57 (01:18,61) 300m: 03:52,18 (01:25,61)					
	400m: 05:04,20 (01:12,02)					
2.	Ella Johanna Hurling	2006	Berliner TSC NDM	05:12,61	618	
	100m: 01:07,84 (01:07,84) 200m: 02:30,10 (01:22,26) 300m: 04:00,30 (01:30,20)					
	400m: 05:12,61 (01:12,31)					
3.	Rieke Aden	2006	Polizei SV Oldenburg NDM	05:35,38	500	EnM
	100m: 01:13,64 (01:13,64) 200m: 02:44,58 (01:30,94) 300m: 04:18,46 (01:33,88)					
	400m: 05:35,38 (01:16,92)					

Jahrgang 2004/2005 (NSV)

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA	
1. und Norddeutsche Juniorenmeisterin	Eske Beninga	2004	SG Aumund - Vegesack NDM	05:21,84	566	
	100m: 01:09,47 (01:09,47) 200m: 02:30,50 (01:21,03) 300m: 04:06,12 (01:35,62)					
	400m: 05:21,84 (01:15,72)					

Offene Wertung (NSV)

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA	
1. und Norddeutsche Meisterin	Carlotta Ingenerf	2006	W98 Hannover NDM	05:04,20	671	
	100m: 01:07,96 (01:07,96) 200m: 02:26,57 (01:18,61) 300m: 03:52,18 (01:25,61)					
	400m: 05:04,20 (01:12,02)					
2.	Leni Wendrich	2008	PSV Cottbus 90 NDM	05:12,44	619	
	100m: 01:12,93 (01:12,93) 200m: 02:35,42 (01:22,49) 300m: 04:00,54 (01:25,12)					
	400m: 05:12,44 (01:11,90)					
3.	Ella Johanna Hurling	2006	Berliner TSC NDM	05:12,61	618	
	100m: 01:07,84 (01:07,84) 200m: 02:30,10 (01:22,26) 300m: 04:00,30 (01:30,20)					
	400m: 05:12,61 (01:12,31)					
4.	Mila Knocha	2008	PSV Cottbus 90 NDM	05:15,47	601	
	100m: 01:08,71 (01:08,71) 200m: 02:30,05 (01:21,34) 300m: 04:01,62 (01:31,57)					
	400m: 05:15,47 (01:13,85)					
5.	Eske Beninga	2004	SG Aumund - Vegesack NDM	05:21,84	566	
	100m: 01:09,47 (01:09,47) 200m: 02:30,50 (01:21,03) 300m: 04:06,12 (01:35,62)					
	400m: 05:21,84 (01:15,72)					
6.	Anisa Sabovic	2007	SGS Langenhagen NDM	05:23,05	560	
	100m: 01:08,96 (01:08,96) 200m: 02:31,44 (01:22,48) 300m: 04:10,64 (01:39,20)					
	400m: 05:23,05 (01:12,41)					
7.	Alke Heise	1999	TWG 1861 Göttingen NDM	05:25,49	548	EnM
	100m: 01:13,80 (01:13,80) 200m: 02:39,33 (01:25,53) 300m: 04:09,15 (01:29,82)					
	400m: 05:25,49 (01:16,34)					
8.	Mira Charlotte Radtke	2008	SG Schöneberg, Berlin e. V. NDM	05:27,30	538	
	100m: 01:13,43 (01:13,43) 200m: 02:38,53 (01:25,10) 300m: 04:14,06 (01:35,53)					
	400m: 05:27,30 (01:13,24)					
9.	Cecilie von Klaeden	2008	SGS Hannover NDM	05:27,92	535	
	100m: 01:09,75 (01:09,75) 200m: 02:35,94 (01:26,19) 300m: 04:13,11 (01:37,17)					
	400m: 05:27,92 (01:14,81)					
10.	Ina Gering	2008	VfL Osnabrück NDM	05:28,40	533	
	100m: 01:12,96 (01:12,96) 200m: 02:39,54 (01:26,58) 300m: 04:13,64 (01:34,10)					
	400m: 05:28,40 (01:14,76)					
11.	Hanna Lemmermann	2008	Delmenhorster SV 1905 NDM	05:28,56	532	
	100m: 01:12,21 (01:12,21) 200m: 02:36,85 (01:24,64) 300m: 04:15,44 (01:38,59)					
	400m: 05:28,56 (01:13,12)					
12.	Evelyn Wegrotzki	2010	SG HT16 Hamburg NDM	05:30,12	525	
	100m: 01:11,59 (01:11,59) 200m: 02:38,70 (01:27,11) 300m: 04:14,95 (01:36,25)					
	400m: 05:30,12 (01:15,17)					



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noch Offene Wertung (NSV)

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA	
13.	Daria Burmatov 100m: 01:15,34 (01:15,34) 200m: 02:42,37 (01:27,03) 300m: 04:19,31 (01:36,94) 400m: 05:32,52 (01:13,21)	2009	SG TSG HB10 Bremen NDM	05:32,52	513	
14.	Jule Dirks 100m: 01:12,38 (01:12,38) 200m: 02:41,62 (01:29,24) 300m: 04:18,28 (01:36,66) 400m: 05:33,18 (01:14,90)	2007	Eintracht Hildesheim NDM	05:33,18	510	
15.	Annika Cho 100m: 01:16,66 (01:16,66) 200m: 02:42,42 (01:25,76) 300m: 04:17,78 (01:35,36) 400m: 05:34,68 (01:16,90)	2007	VfL Osnabrück NDM	05:34,68	504	
16.	Sarah Wessalowski 100m: 01:13,72 (01:13,72) 200m: 02:37,31 (01:23,59) 300m: 04:16,08 (01:38,77) 400m: 05:34,77 (01:18,69)	2007	OSC Bremerhaven 1972 NDM	05:34,77	503	
17.	Maike Gottenströter 100m: 01:13,86 (01:13,86) 200m: 02:40,03 (01:26,17) 300m: 04:18,36 (01:38,33) 400m: 05:34,79 (01:16,43)	2009	SGS Hannover NDM	05:34,79	503	
18.	Lara Timme 100m: 01:16,91 (01:16,91) 200m: 02:41,68 (01:24,77) 300m: 04:19,78 (01:38,10) 400m: 05:34,85 (01:15,07)	2008	SG TSG HB10 Bremen NDM	05:34,85	503	
19.	Rieke Aden 100m: 01:13,64 (01:13,64) 200m: 02:44,58 (01:30,94) 300m: 04:18,46 (01:33,88) 400m: 05:35,38 (01:16,92)	2006	Polizei SV Oldenburg NDM	05:35,38	500	EnM
20.	Yosefina Deneff 100m: 01:14,07 (01:14,07) 200m: 02:44,61 (01:30,54) 300m: 04:20,98 (01:36,37) 400m: 05:35,86 (01:14,88)	2008	ATS Cuxhaven NDM	05:35,86	498	
21.	Clara Lou Küsel 100m: 01:17,84 (01:17,84) 200m: 02:43,94 (01:26,10) 300m: 04:22,83 (01:38,89) 400m: 05:36,79 (01:13,96)	2010	SSG Braunschweig NDM	05:36,79	494	
22.	Katharina Scholz 100m: 01:15,36 (01:15,36) 200m: 02:44,76 (01:29,40) 300m: 04:21,37 (01:36,61) 400m: 05:37,89 (01:16,52)	2008	SSG Braunschweig NDM	05:37,89	489	
23.	Lilith Hinrichsen 100m: 01:11,09 (01:11,09) 200m: 02:42,82 (01:31,73) 300m: 04:24,99 (01:42,17) 400m: 05:38,07 (01:13,08)	2007	TSV RW Niebüll NDM	05:38,07	489	EnM
24.	Alina Meyer 100m: 01:16,03 (01:16,03) 200m: 02:45,61 (01:29,58) 300m: 04:22,71 (01:37,10) 400m: 05:38,80 (01:16,09)	2010	Delmenhorster SV 1905 NDM	05:38,80	485	
25.	Alia Oehring 100m: 01:16,05 (01:16,05) 200m: 02:40,74 (01:24,69) 300m: 04:19,72 (01:38,98) 400m: 05:38,99 (01:19,27)	2010	TSV Pattensen NDM	05:38,99	485	
26.	Viktoria Hoffmann 100m: 01:16,99 (01:16,99) 200m: 02:44,64 (01:27,65) 300m: 04:21,97 (01:37,33) 400m: 05:40,20 (01:18,23)	2008	SG Lübeck NDM	05:40,20	479	EnM
27.	Jella Belgardt 100m: 01:14,99 (01:14,99) 200m: 02:44,11 (01:29,12) 300m: 04:25,02 (01:40,91) 400m: 05:41,14 (01:16,12)	2007	OSC Bremerhaven 1972 NDM	05:41,14	476	EnM
28.	Sofie Gügelmeier 100m: 01:14,00 (01:14,00) 200m: 02:46,60 (01:32,60) 300m: 04:24,75 (01:38,15) 400m: 05:41,70 (01:16,95)	2007	SV Wasserfreunde Dalum NDM	05:41,70	473	EnM
29.	Emma Kindel 100m: 01:19,21 (01:19,21) 200m: 02:46,49 (01:27,28) 300m: 04:25,59 (01:39,10) 400m: 05:43,77 (01:18,18)	2010	SG HT16 Hamburg NDM	05:43,77	465	
30.	Luca Dessau 100m: 01:14,58 (01:14,58) 200m: 02:46,43 (01:31,85) 300m: 04:29,99 (01:43,56) 400m: 05:46,01 (01:16,02)	2007	Polizei SV Oldenburg NDM	05:46,01	456	EnM
31.	Leni Paulina Zawesky 100m: 01:26,36 (01:26,36) 200m: 02:51,60 (01:25,24) 300m: 04:30,14 (01:38,54) 400m: 05:46,51 (01:16,37)	2009	SG TSG HB10 Bremen NDM	05:46,51	454	



noch Wettkampf 3 - 400m Lagen weiblich

noch Offene Wertung (NSV)

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA	
32.	Maryella Monsees 100m: 01:16,47 (01:16,47) 200m: 02:44,25 (01:27,78) 300m: 04:25,76 (01:41,51) 400m: 05:46,96 (01:21,20)	2008	OSC Bremerhaven 1972 NDM	05:46,96	452	EnM
33.	Yael Esther Rohde 100m: 01:18,55 (01:18,55) 200m: 02:49,17 (01:30,62) 300m: 04:30,22 (01:41,05) 400m: 05:47,94 (01:17,72)	2008	Delmenhorster SV 1905 NDM	05:47,94	448	EnM
34.	Janne-Nell Poetzsch-Heffter 100m: 01:18,48 (01:18,48) 200m: 02:46,31 (01:27,83) 300m: 04:28,29 (01:41,98) 400m: 05:49,79 (01:21,50)	2007	SG Lübeck NDM	05:49,79	441	EnM
35.	Lara Marie Temmen 100m: 01:23,56 (01:23,56) 200m: 02:53,88 (01:30,32) 300m: 04:36,75 (01:42,87) 400m: 05:50,68 (01:13,93)	2010	SC Delphin Lübeck v.1960 e.V. NDM	05:50,68	438	
36.	Lotta Marie Stratmann 100m: 01:16,72 (01:16,72) 200m: 02:47,51 (01:30,79) 300m: 04:35,56 (01:48,05) 400m: 05:52,09 (01:16,53)	2009	SV Neptun Kiel NDM	05:52,09	432	EnM
37.	Liv Brüggmann 100m: 01:25,63 (01:25,63) 200m: 02:54,31 (01:28,68) 300m: 04:33,73 (01:39,42) 400m: 05:53,03 (01:19,30)	2011	SG Hamburg-West NDM	05:53,03	429	
38.	Sofia Kolomiiets 100m: 01:19,61 (01:19,61) 200m: 02:53,56 (01:33,95) 300m: 04:33,43 (01:39,87) 400m: 05:53,18 (01:19,75)	2010	Möllner SV NDM	05:53,18	428	
39.	Alix Golke 100m: 01:25,81 (01:25,81) 200m: 02:55,07 (01:29,26) 300m: 04:35,79 (01:40,72) 400m: 05:53,98 (01:18,19)	2009	SG TSG HB10 Bremen NDM	05:53,98	426	EnM
40.	Jette Meyer 100m: 01:23,68 (01:23,68) 200m: 02:54,18 (01:30,50) 300m: 04:36,93 (01:42,75) 400m: 05:54,66 (01:17,73)	2010	Delmenhorster SV 1905 NDM	05:54,66	423	
41.	Merle Luise Michaelis 100m: 01:24,00 (01:24,00) 200m: 02:57,09 (01:33,09) 300m: 04:39,43 (01:42,34) 400m: 05:54,96 (01:15,53)	2009	SG TSG HB10 Bremen NDM	05:54,96	422	EnM
42.	Maileen Pilwat 100m: 01:25,80 (01:25,80) 200m: 02:57,86 (01:32,06) 300m: 04:36,83 (01:38,97) 400m: 05:57,31 (01:20,48)	2010	SG Wasserratten Norderstedt NDM	05:57,31	414	
43.	Jette Neubauer 100m: 01:24,01 (01:24,01) 200m: 02:53,05 (01:29,04) 300m: 04:35,28 (01:42,23) 400m: 05:57,50 (01:22,22)	2009	SGS Langenhagen NDM	05:57,50	413	EnM
44.	Julia Seidler 100m: 01:20,51 (01:20,51) 200m: 02:59,12 (01:38,61) 300m: 04:34,38 (01:35,26) 400m: 06:01,48 (01:27,10)	2011	TSV Pattensen NDM	06:01,48	400	
45.	Caroline Back 100m: 01:23,37 (01:23,37) 200m: 02:52,66 (01:29,29) 300m: 04:37,59 (01:44,93) 400m: 06:01,92 (01:24,33)	2011	Celler Schwimm-Club e.V. NDM	06:01,92	398	
46.	Emma Heiles 100m: 01:22,99 (01:22,99) 200m: 02:52,88 (01:29,89) 300m: 04:39,69 (01:46,81) 400m: 06:02,00 (01:22,31)	2010	SSG Braunschweig NDM	06:02,00	398	EnM
47.	Marie Prignitz 100m: 01:29,71 (01:29,71) 200m: 03:00,35 (01:30,64) 300m: 04:40,32 (01:39,97) 400m: 06:02,07 (01:21,75)	2010	SG Wasserratten Norderstedt NDM	06:02,07	398	EnM
48.	Fabienne Lültsdorf 100m: 01:30,97 (01:30,97) 200m: 03:04,09 (01:33,12) 300m: 04:49,80 (01:45,71) 400m: 06:04,50 (01:14,70)	2010	SG Wasserratten Norderstedt NDM	06:04,50	390	EnM
49.	Jana Frickel 100m: 01:20,67 (01:20,67) 200m: 02:53,85 (01:33,18) 300m: 04:41,09 (01:47,24) 400m: 06:04,64 (01:23,55)	2011	WSG Wunstorf NDM	06:04,64	389	
50.	Greta Potschaske 100m: 01:28,24 (01:28,24) 200m: 03:00,51 (01:32,27) 300m: 04:48,08 (01:47,57) 400m: 06:10,83 (01:22,75)	2011	SG Lübeck NDM	06:10,83	370	



noch Wettkampf 3 - 400m Lagen weiblich

noch Offene Wertung (NSV)

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA	
51.	Maja Junia Döppner 100m: 01:38,10 (01:38,10) 200m: 03:11,85 (01:33,75) 300m: 04:57,51 (01:45,66) 400m: 06:18,31 (01:20,80)	2011	SSG Braunschweig NDM	06:18,31	349	EnM
52.	Mia Grage 100m: 01:22,34 (01:22,34) 200m: 02:56,31 (01:33,97) 300m: 04:55,21 (01:58,90) 400m: 06:19,48 (01:24,27)	2010	SG Bad Schwartau NDM	06:19,48	345	EnM
53.	Carla Bredemeier 100m: 01:33,55 (01:33,55) 200m: 03:07,42 (01:33,87) 300m: 04:55,31 (01:47,89) 400m: 06:20,16 (01:24,85)	2011	Wardenburger SC NDM	06:20,16	343	EnM

Abschnittende: 18:16 Uhr

Protokollende: 18:30 Uhr

Schiedsrichter

Schiedsrichter

Protokollführer



Wettkampf 3 - 400m Lagen weiblich

Pflichtzeiten

2012: 07:10,00 2011: 06:45,00 2010: 06:35,00 2009: 06:25,00 2008: 06:10,00 2007: 06:05,00 2006: 06:00,00 2004 bis
 2005: 05:50,00 1900 bis 2003: 05:45,00

Jahrgang 2012 (LSN)

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA	
1. und Landesjahrgangsmeisterin	Isabella Janitzki	2012	MTV Goslar LSN	06:39,46	296	
	100m: 01:36,77 (01:36,77) 200m: 03:20,28 (01:43,51) 300m: 05:14,55 (01:54,27) 400m: 06:39,46 (01:24,91)					
2.	Melina Busse	2012	Celler Schwimm-Club e.V. LSN	06:51,23	271	
	100m: 01:39,92 (01:39,92) 200m: 03:22,60 (01:42,68) 300m: 05:22,25 (01:59,65) 400m: 06:51,23 (01:28,98)					
3.	Elva Krauß	2012	SV Nienhagen 1928 LSN	07:08,37	240	
	100m: 01:43,84 (01:43,84) 200m: 03:34,21 (01:50,37) 300m: 05:32,03 (01:57,82) 400m: 07:08,37 (01:36,34)					
4.	Lea Enzensberger	2012	Polizei SV Oldenburg LSN	07:10,20	237	EnM
	100m: 01:42,79 (01:42,79) 200m: 03:26,68 (01:43,89) 300m: 05:34,43 (02:07,75) 400m: 07:10,20 (01:35,77)					

Jahrgang 2011 (LSN)

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA	
1. und Landesjahrgangsmeisterin	Julia Seidler	2011	TSV Pattensen NDM	06:01,48	400	
	100m: 01:20,51 (01:20,51) 200m: 02:59,12 (01:38,61) 300m: 04:34,38 (01:35,26) 400m: 06:01,48 (01:27,10)					
2.	Caroline Back	2011	Celler Schwimm-Club e.V. NDM	06:01,92	398	
	100m: 01:23,37 (01:23,37) 200m: 02:52,66 (01:29,29) 300m: 04:37,59 (01:44,93) 400m: 06:01,92 (01:24,33)					
3.	Jana Frickel	2011	WSG Wunstorf NDM	06:04,64	389	
	100m: 01:20,67 (01:20,67) 200m: 02:53,85 (01:33,18) 300m: 04:41,09 (01:47,24) 400m: 06:04,64 (01:23,55)					
4.	Maja Junia Döppner	2011	SSG Braunschweig NDM	06:18,31	349	
	100m: 01:38,10 (01:38,10) 200m: 03:11,85 (01:33,75) 300m: 04:57,51 (01:45,66) 400m: 06:18,31 (01:20,80)					
5.	Carla Bredemeier	2011	Wardenburger SC NDM	06:20,16	343	
	100m: 01:33,55 (01:33,55) 200m: 03:07,42 (01:33,87) 300m: 04:55,31 (01:47,89) 400m: 06:20,16 (01:24,85)					
6.	Sophia Surmann	2011	Wardenburger SC LSN	06:34,25	308	
	100m: 01:35,36 (01:35,36) 200m: 03:14,32 (01:38,96) 300m: 05:06,89 (01:52,57) 400m: 06:34,25 (01:27,36)					
7.	Mathea Meyer	2011	ASC Göttingen von 1846 e.V. LSN	06:39,52	296	
	100m: 01:44,06 (01:44,06) 200m: 03:21,82 (01:37,76) 300m: 05:18,79 (01:56,97) 400m: 06:39,52 (01:20,73)					
8.	Marissa Röttger	2011	MTV Goslar LSN	06:51,19	271	EnM
	100m: 01:41,55 (01:41,55) 200m: 03:25,18 (01:43,63) 300m: 05:18,99 (01:53,81) 400m: 06:51,19 (01:32,20)					

Jahrgang 2010 (LSN)

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA	
1. und Landesjahrgangsmeisterin	Clara Lou Küsel	2010	SSG Braunschweig NDM	05:36,79	494	
	100m: 01:17,84 (01:17,84) 200m: 02:43,94 (01:26,10) 300m: 04:22,83 (01:38,89) 400m: 05:36,79 (01:13,96)					
2.	Alina Meyer	2010	Delmenhorster SV 1905 NDM	05:38,80	485	
	100m: 01:16,03 (01:16,03) 200m: 02:45,61 (01:29,58) 300m: 04:22,71 (01:37,10) 400m: 05:38,80 (01:16,09)					
3.	Alia Oehring	2010	TSV Pattensen NDM	05:38,99	485	
	100m: 01:16,05 (01:16,05) 200m: 02:40,74 (01:24,69) 300m: 04:19,72 (01:38,98) 400m: 05:38,99 (01:19,27)					

noch Wettkampf 3 - 400m Lagen weiblich

noch Jahrgang 2010 (LSN)

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA
4.	Jette Meyer 100m: 01:23,68 (01:23,68) 200m: 02:54,18 (01:30,50) 300m: 04:36,93 (01:42,75) 400m: 05:54,66 (01:17,73)	2010	Delmenhorster SV 1905 NDM	05:54,66	423
5.	Emma Heiles 100m: 01:22,99 (01:22,99) 200m: 02:52,88 (01:29,89) 300m: 04:39,69 (01:46,81) 400m: 06:02,00 (01:22,31)	2010	SSG Braunschweig NDM	06:02,00	398
6.	Lilia Fedorov 100m: 01:29,06 (01:29,06) 200m: 03:04,76 (01:35,70) 300m: 04:48,64 (01:43,88) 400m: 06:08,95 (01:20,31)	2010	VfL Osnabrück LSN	06:08,95	376
7.	Isabel Karolin Maßberg 100m: 01:31,71 (01:31,71) 200m: 03:04,32 (01:32,61) 300m: 04:48,15 (01:43,83) 400m: 06:10,01 (01:21,86)	2010	Delmenhorster SV 1905 LSN	06:10,01	373
8.	Pauline Kramer 100m: 01:36,89 (01:36,89) 200m: 03:14,66 (01:37,77) 300m: 04:53,54 (01:38,88) 400m: 06:16,03 (01:22,49)	2010	Polizei SV Oldenburg LSN	06:16,03	355
9.	Bente Brink 100m: 01:27,13 (01:27,13) 200m: 03:05,85 (01:38,72) 300m: 04:55,74 (01:49,89) 400m: 06:17,46 (01:21,72)	2010	TuS Neuenhaus LSN	06:17,46	351
10.	Hayley Harmelink 100m: 01:31,78 (01:31,78) 200m: 03:10,81 (01:39,03) 300m: 04:56,44 (01:45,63) 400m: 06:19,48 (01:23,04)	2010	TuS Neuenhaus LSN	06:19,48	345

Jahrgang 2009 (LSN)

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA
1. und Landesjahrgangsmeisterin	Maike Gottenströter 100m: 01:13,86 (01:13,86) 200m: 02:40,03 (01:26,17) 300m: 04:18,36 (01:38,33) 400m: 05:34,79 (01:16,43)	2009	SGS Hannover NDM	05:34,79	503
2.	Maya Grewe 100m: 01:23,57 (01:23,57) 200m: 02:47,13 (01:23,56) 300m: 04:25,71 (01:38,58) 400m: 05:40,82 (01:15,11)	2009	SSG Braunschweig LSN	05:40,82	477
3.	Jette Neubauer 100m: 01:24,01 (01:24,01) 200m: 02:53,05 (01:29,04) 300m: 04:35,28 (01:42,23) 400m: 05:57,50 (01:22,22)	2009	SGS Langenhagen NDM	05:57,50	413
4.	Taje Kölling 100m: 01:21,61 (01:21,61) 200m: 02:55,41 (01:33,80) 300m: 04:40,10 (01:44,69) 400m: 05:57,92 (01:17,82)	2009	Delmenhorster SV 1905 LSN	05:57,92	412
5.	Marie Marpert 100m: 01:30,11 (01:30,11) 200m: 03:07,77 (01:37,66) 300m: 04:46,95 (01:39,18) 400m: 06:09,18 (01:22,23)	2009	TV Jahn Wolfsburg LSN	06:09,18	375
6.	Mira Buddensiek 100m: 01:27,42 (01:27,42) 200m: 03:00,86 (01:33,44) 300m: 04:52,36 (01:51,50) 400m: 06:12,74 (01:20,38)	2009	SSG Braunschweig LSN	06:12,74	364
7.	Marlene Bührmann 100m: 01:25,20 (01:25,20) 200m: 04:55,37 (03:30,17) 400m: 06:18,40 (01:23,03)	2009	Wardenburger SC LSN	06:18,40	348
8.	Smilla Danz 100m: 01:39,98 (01:39,98) 200m: 03:15,08 (01:35,10) 300m: 04:59,52 (01:44,44) 400m: 06:19,31 (01:19,79)	2009	Polizei SV Oldenburg LSN	06:19,31	346
9.	Johanna Rozek 100m: 01:35,78 (01:35,78) 200m: 03:08,61 (01:32,83) 300m: 05:02,43 (01:53,82) 400m: 06:22,68 (01:20,25)	2009	TWG 1861 Göttingen LSN	06:22,68	337
10.	Riekje Lauf 100m: 01:38,23 (01:38,23) 200m: 03:18,71 (01:40,48) 300m: 05:16,35 (01:57,64) 400m: 06:49,24 (01:32,89)	2009	Schwimm-Club Seevetal LSN	06:49,24	275
	<u>abgemeldet</u> Jette Sophie Schmid Lana Rohlfing	2009 2009	SV Haren LSN TUS Wagenfeld LSN		

EnM

noch Wettkampf 3 - 400m Lagen weiblich

Jahrgang 2008 (LSN)

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA	
1. und Landesjahrgangsmeisterin	Cecilie von Klaeden	2008	SGS Hannover NDM	05:27,92	535	
	100m: 01:09,75 (01:09,75) 200m: 02:35,94 (01:26,19) 300m: 04:13,11 (01:37,17) 400m: 05:27,92 (01:14,81)					
2.	Ina Gering	2008	VfL Osnabrück NDM	05:28,40	533	
	100m: 01:12,96 (01:12,96) 200m: 02:39,54 (01:26,58) 300m: 04:13,64 (01:34,10) 400m: 05:28,40 (01:14,76)					
3.	Hanna Lemmermann	2008	Delmenhorster SV 1905 NDM	05:28,56	532	
	100m: 01:12,21 (01:12,21) 200m: 02:36,85 (01:24,64) 300m: 04:15,44 (01:38,59) 400m: 05:28,56 (01:13,12)					
4.	Yosefina Deneff	2008	ATS Cuxhaven NDM	05:35,86	498	
	100m: 01:14,07 (01:14,07) 200m: 02:44,61 (01:30,54) 300m: 04:20,98 (01:36,37) 400m: 05:35,86 (01:14,88)					
5.	Katharina Scholz	2008	SSG Braunschweig NDM	05:37,89	489	
	100m: 01:15,36 (01:15,36) 200m: 02:44,76 (01:29,40) 300m: 04:21,37 (01:36,61) 400m: 05:37,89 (01:16,52)					
6.	Yael Esther Rohde	2008	Delmenhorster SV 1905 NDM	05:47,94	448	
	100m: 01:18,55 (01:18,55) 200m: 02:49,17 (01:30,62) 300m: 04:30,22 (01:41,05) 400m: 05:47,94 (01:17,72)					
7.	Mariette Blömer	2008	Wardenburger SC LSN	05:55,48	420	
	100m: 01:18,93 (01:18,93) 200m: 02:56,99 (01:38,06) 300m: 04:38,69 (01:41,70) 400m: 05:55,48 (01:16,79)					
8.	Finja Kruthoff	2008	SV Concordia Emsbüren LSN	06:07,60	380	
	100m: 01:21,61 (01:21,61) 200m: 02:57,86 (01:36,25) 300m: 04:40,51 (01:42,65) 400m: 06:07,60 (01:27,09)					
9.	Laney Kiara Pinnow	2008	Schwimm-Club Seevetal LSN	06:10,75	370	EnM
	100m: 01:26,80 (01:26,80) 200m: 02:58,36 (01:31,56) 300m: 04:50,37 (01:52,01) 400m: 06:10,75 (01:20,38)					
10.	Lucy Ann Schröder	2008	TV Jahn Wolfsburg LSN	06:13,10	363	EnM
	100m: 01:23,92 (01:23,92) 200m: 03:00,15 (01:36,23) 300m: 04:51,65 (01:51,50) 400m: 06:13,10 (01:21,45)					

Jahrgang 2007 (LSN)

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA
1. und Landesjahrgangsmeisterin	Anisa Sabovic	2007	SGS Langenhagen NDM	05:23,05	560
	100m: 01:08,96 (01:08,96) 200m: 02:31,44 (01:22,48) 300m: 04:10,64 (01:39,20) 400m: 05:23,05 (01:12,41)				
2.	Jule Dirks	2007	Eintracht Hildesheim NDM	05:33,18	510
	100m: 01:12,38 (01:12,38) 200m: 02:41,62 (01:29,24) 300m: 04:18,28 (01:36,66) 400m: 05:33,18 (01:14,90)				
3.	Annika Cho	2007	VfL Osnabrück NDM	05:34,68	504
	100m: 01:16,66 (01:16,66) 200m: 02:42,42 (01:25,76) 300m: 04:17,78 (01:35,36) 400m: 05:34,68 (01:16,90)				
4.	Sofie Gügelmeyer	2007	SV Wasserfreunde Dalum NDM	05:41,70	473
	100m: 01:14,00 (01:14,00) 200m: 02:46,60 (01:32,60) 300m: 04:24,75 (01:38,15) 400m: 05:41,70 (01:16,95)				
5.	Luca Dessau	2007	Polizei SV Oldenburg NDM	05:46,01	456
	100m: 01:14,58 (01:14,58) 200m: 02:46,43 (01:31,85) 300m: 04:29,99 (01:43,56) 400m: 05:46,01 (01:16,02)				
6.	Leni Kosak	2007	TV Jahn Wolfsburg LSN	05:48,95	444
	100m: 01:18,08 (01:18,08) 200m: 02:46,17 (01:28,09) 300m: 04:30,41 (01:44,24) 400m: 05:48,95 (01:18,54)				
7.	Jeslyn Janie Petzoldt	2007	SSG Braunschweig LSN	05:49,10	444
	100m: 01:23,84 (01:23,84) 200m: 02:57,46 (01:33,62) 300m: 04:32,86 (01:35,40) 400m: 05:49,10 (01:16,24)				
8.	Julia Snippe	2007	Waspo Nordhorn LSN	05:51,79	434
	100m: 01:23,99 (01:23,99) 200m: 02:56,70 (01:32,71) 300m: 04:34,51 (01:37,81) 400m: 05:51,79 (01:17,28)				

noch Wettkampf 3 - 400m Lagen weiblich

noch Jahrgang 2007 (LSN)

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA
9.	Lea Fellner <i>100m: 01:27,88 (01:27,88) 200m: 02:58,11 (01:30,23) 300m: 04:39,68 (01:41,57) 400m: 05:59,80 (01:20,12)</i>	2007	SSG Braunschweig LSN	05:59,80	405
	<u>abgemeldet</u>				
	Lisa Marie Didszun	2007	Eintracht Hildesheim NDM		
	Malou Fellner	2007	SSG Braunschweig LSN		

Jahrgang 2006 (LSN)

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA
1. und Landesjahrgangsmeisterin	Carlotta Ingenerf <i>100m: 01:07,96 (01:07,96) 200m: 02:26,57 (01:18,61) 300m: 03:52,18 (01:25,61) 400m: 05:04,20 (01:12,02)</i>	2006	W98 Hannover NDM	05:04,20	671
2.	Rieke Aden <i>100m: 01:13,64 (01:13,64) 200m: 02:44,58 (01:30,94) 300m: 04:18,46 (01:33,88) 400m: 05:35,38 (01:16,92)</i>	2006	Polizei SV Oldenburg NDM	05:35,38	500
3.	Melina Holm <i>100m: 01:17,58 (01:17,58) 200m: 02:48,97 (01:31,39) 300m: 04:25,78 (01:36,81) 400m: 05:43,57 (01:17,79)</i>	2006	VfL Osnabrück LSN	05:43,57	465
4.	Pia Marieke Frerichs <i>100m: 01:21,58 (01:21,58) 200m: 02:57,84 (01:36,26) 300m: 04:39,38 (01:41,54) 400m: 06:04,41 (01:25,03)</i>	2006	Oldenburger SV 1902 LSN	06:04,41	390
5.	Olivia Ferreira <i>100m: 01:24,24 (01:24,24) 200m: 03:03,13 (01:38,89) 300m: 04:52,71 (01:49,58) 400m: 06:15,59 (01:22,88)</i>	2006	Waspo Nordhorn LSN	06:15,59	356

Jahrgang 2004/2005 (LSN)

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA
1. und Landesjuniorenmeisterin	Charlotte Freytag <i>100m: 01:18,02 (01:18,02) 200m: 02:48,66 (01:30,64) 300m: 04:22,47 (01:33,81) 400m: 05:46,94 (01:24,47)</i>	2004	TWG 1861 Göttingen LSN	05:46,94	452
2.	Lilly Grewe <i>100m: 01:20,43 (01:20,43) 200m: 02:52,13 (01:31,70) 300m: 04:32,51 (01:40,38) 400m: 05:49,58 (01:17,07)</i>	2005	SSG Braunschweig LSN	05:49,58	442
3.	Nina Koprucki <i>100m: 01:21,19 (01:21,19) 200m: 02:53,12 (01:31,93) 300m: 04:40,35 (01:47,23) 400m: 06:06,72 (01:26,37)</i>	2004	TV Jahn Wolfsburg LSN	06:06,72	383
4.	Sophia Mört <i>100m: 01:27,63 (01:27,63) 200m: 03:09,73 (01:42,10) 300m: 04:46,48 (01:36,75) 400m: 06:08,09 (01:21,61)</i>	2004	SV Haren LSN	06:08,09	378

Offene Wertung (LSN)

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA
1. und Landesmeisterin	Carlotta Ingenerf <i>100m: 01:07,96 (01:07,96) 200m: 02:26,57 (01:18,61) 300m: 03:52,18 (01:25,61) 400m: 05:04,20 (01:12,02)</i>	2006	W98 Hannover NDM	05:04,20	671
2.	Anisa Sabovic <i>100m: 01:08,96 (01:08,96) 200m: 02:31,44 (01:22,48) 300m: 04:10,64 (01:39,20) 400m: 05:23,05 (01:12,41)</i>	2007	SGS Langenhagen NDM	05:23,05	560
3.	Alke Heise <i>100m: 01:13,80 (01:13,80) 200m: 02:39,33 (01:25,53) 300m: 04:09,15 (01:29,82) 400m: 05:25,49 (01:16,34)</i>	1999	TWG 1861 Göttingen NDM	05:25,49	548
4.	Cecilie von Klaeden <i>100m: 01:09,75 (01:09,75) 200m: 02:35,94 (01:26,19) 300m: 04:13,11 (01:37,17) 400m: 05:27,92 (01:14,81)</i>	2008	SGS Hannover NDM	05:27,92	535

noch Wettkampf 3 - 400m Lagen weiblich

noch Offene Wertung (LSN)

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA
5.	Ina Gering 100m: 01:12,96 (01:12,96) 200m: 02:39,54 (01:26,58) 300m: 04:13,64 (01:34,10) 400m: 05:28,40 (01:14,76)	2008	VfL Osnabrück NDM	05:28,40	533
6.	Hanna Lemmermann 100m: 01:12,21 (01:12,21) 200m: 02:36,85 (01:24,64) 300m: 04:15,44 (01:38,59) 400m: 05:28,56 (01:13,12)	2008	Delmenhorster SV 1905 NDM	05:28,56	532
7.	Jule Dirks 100m: 01:12,38 (01:12,38) 200m: 02:41,62 (01:29,24) 300m: 04:18,28 (01:36,66) 400m: 05:33,18 (01:14,90)	2007	Eintracht Hildesheim NDM	05:33,18	510
8.	Annika Cho 100m: 01:16,66 (01:16,66) 200m: 02:42,42 (01:25,76) 300m: 04:17,78 (01:35,36) 400m: 05:34,68 (01:16,90)	2007	VfL Osnabrück NDM	05:34,68	504
9.	Maike Gottenströter 100m: 01:13,86 (01:13,86) 200m: 02:40,03 (01:26,17) 300m: 04:18,36 (01:38,33) 400m: 05:34,79 (01:16,43)	2009	SGS Hannover NDM	05:34,79	503
10.	Rieke Aden 100m: 01:13,64 (01:13,64) 200m: 02:44,58 (01:30,94) 300m: 04:18,46 (01:33,88) 400m: 05:35,38 (01:16,92)	2006	Polizei SV Oldenburg NDM	05:35,38	500
11.	Yosefina Deneff 100m: 01:14,07 (01:14,07) 200m: 02:44,61 (01:30,54) 300m: 04:20,98 (01:36,37) 400m: 05:35,86 (01:14,88)	2008	ATS Cuxhaven NDM	05:35,86	498
12.	Clara Lou Küsel 100m: 01:17,84 (01:17,84) 200m: 02:43,94 (01:26,10) 300m: 04:22,83 (01:38,89) 400m: 05:36,79 (01:13,96)	2010	SSG Braunschweig NDM	05:36,79	494
13.	Katharina Scholz 100m: 01:15,36 (01:15,36) 200m: 02:44,76 (01:29,40) 300m: 04:21,37 (01:36,61) 400m: 05:37,89 (01:16,52)	2008	SSG Braunschweig NDM	05:37,89	489
14.	Alina Meyer 100m: 01:16,03 (01:16,03) 200m: 02:45,61 (01:29,58) 300m: 04:22,71 (01:37,10) 400m: 05:38,80 (01:16,09)	2010	Delmenhorster SV 1905 NDM	05:38,80	485
15.	Alia Oehring 100m: 01:16,05 (01:16,05) 200m: 02:40,74 (01:24,69) 300m: 04:19,72 (01:38,98) 400m: 05:38,99 (01:19,27)	2010	TSV Pattensen NDM	05:38,99	485
16.	Maya Grewe 100m: 01:23,57 (01:23,57) 200m: 02:47,13 (01:23,56) 300m: 04:25,71 (01:38,58) 400m: 05:40,82 (01:15,11)	2009	SSG Braunschweig LSN	05:40,82	477
17.	Sofie Gügelmeyer 100m: 01:14,00 (01:14,00) 200m: 02:46,60 (01:32,60) 300m: 04:24,75 (01:38,15) 400m: 05:41,70 (01:16,95)	2007	SV Wasserfreunde Dalum NDM	05:41,70	473
18.	Janne Saßenberg 100m: 01:19,20 (01:19,20) 200m: 02:49,47 (01:30,27) 300m: 04:24,04 (01:34,57) 400m: 05:41,97 (01:17,93)	1997	TSG 07 Burg Gretesch LSN	05:41,97	472
19.	Melina Holm 100m: 01:17,58 (01:17,58) 200m: 02:48,97 (01:31,39) 300m: 04:25,78 (01:36,81) 400m: 05:43,57 (01:17,79)	2006	VfL Osnabrück LSN	05:43,57	465
20.	Luca Dessau 100m: 01:14,58 (01:14,58) 200m: 02:46,43 (01:31,85) 300m: 04:29,99 (01:43,56) 400m: 05:46,01 (01:16,02)	2007	Polizei SV Oldenburg NDM	05:46,01	456
21.	Charlotte Freytag 100m: 01:18,02 (01:18,02) 200m: 02:48,66 (01:30,64) 300m: 04:22,47 (01:33,81) 400m: 05:46,94 (01:24,47)	2004	TWG 1861 Göttingen LSN	05:46,94	452
22.	Yael Esther Rohde 100m: 01:18,55 (01:18,55) 200m: 02:49,17 (01:30,62) 300m: 04:30,22 (01:41,05) 400m: 05:47,94 (01:17,72)	2008	Delmenhorster SV 1905 NDM	05:47,94	448
23.	Leni Kosak 100m: 01:18,08 (01:18,08) 200m: 02:46,17 (01:28,09) 300m: 04:30,41 (01:44,24) 400m: 05:48,95 (01:18,54)	2007	TV Jahn Wolfsburg LSN	05:48,95	444

noch Wettkampf 3 - 400m Lagen weiblich

noch Offene Wertung (LSN)

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA	
24.	Jeslyn Janie Petzoldt 100m: 01:23,84 (01:23,84) 200m: 02:57,46 (01:33,62) 300m: 04:32,86 (01:35,40) 400m: 05:49,10 (01:16,24)	2007	SSG Braunschweig LSN	05:49,10	444	
25.	Lilly Grewe 100m: 01:20,43 (01:20,43) 200m: 02:52,13 (01:31,70) 300m: 04:32,51 (01:40,38) 400m: 05:49,58 (01:17,07)	2005	SSG Braunschweig LSN	05:49,58	442	
26.	Merle Maeß 100m: 01:14,26 (01:14,26) 200m: 02:46,21 (01:31,95) 300m: 04:26,18 (01:39,97) 400m: 05:49,78 (01:23,60)	2002	SC Altwarmbüchen LSN	05:49,78	441	EnM
27.	Julia Snippe 100m: 01:23,99 (01:23,99) 200m: 02:56,70 (01:32,71) 300m: 04:34,51 (01:37,81) 400m: 05:51,79 (01:17,28)	2007	Waspo Nordhorn LSN	05:51,79	434	
28.	Jette Meyer 100m: 01:23,68 (01:23,68) 200m: 02:54,18 (01:30,50) 300m: 04:36,93 (01:42,75) 400m: 05:54,66 (01:17,73)	2010	Delmenhorster SV 1905 NDM	05:54,66	423	
29.	Mariette Blömer 100m: 01:18,93 (01:18,93) 200m: 02:56,99 (01:38,06) 300m: 04:38,69 (01:41,70) 400m: 05:55,48 (01:16,79)	2008	Wardenburger SC LSN	05:55,48	420	
30.	Jette Neubauer 100m: 01:24,01 (01:24,01) 200m: 02:53,05 (01:29,04) 300m: 04:35,28 (01:42,23) 400m: 05:57,50 (01:22,22)	2009	SGS Langenhagen NDM	05:57,50	413	
31.	Taje Kölling 100m: 01:21,61 (01:21,61) 200m: 02:55,41 (01:33,80) 300m: 04:40,10 (01:44,69) 400m: 05:57,92 (01:17,82)	2009	Delmenhorster SV 1905 LSN	05:57,92	412	
32.	Lea Fellner 100m: 01:27,88 (01:27,88) 200m: 02:58,11 (01:30,23) 300m: 04:39,68 (01:41,57) 400m: 05:59,80 (01:20,12)	2007	SSG Braunschweig LSN	05:59,80	405	
33.	Julia Seidler 100m: 01:20,51 (01:20,51) 200m: 02:59,12 (01:38,61) 300m: 04:34,38 (01:35,26) 400m: 06:01,48 (01:27,10)	2011	TSV Pattensen NDM	06:01,48	400	
34.	Caroline Back 100m: 01:23,37 (01:23,37) 200m: 02:52,66 (01:29,29) 300m: 04:37,59 (01:44,93) 400m: 06:01,92 (01:24,33)	2011	Celler Schwimm-Club e.V. NDM	06:01,92	398	
35.	Emma Heiles 100m: 01:22,99 (01:22,99) 200m: 02:52,88 (01:29,89) 300m: 04:39,69 (01:46,81) 400m: 06:02,00 (01:22,31)	2010	SSG Braunschweig NDM	06:02,00	398	
36.	Pia Marieke Frerichs 100m: 01:21,58 (01:21,58) 200m: 02:57,84 (01:36,26) 300m: 04:39,38 (01:41,54) 400m: 06:04,41 (01:25,03)	2006	Oldenburger SV 1902 LSN	06:04,41	390	EnM
37.	Jana Frickel 100m: 01:20,67 (01:20,67) 200m: 02:53,85 (01:33,18) 300m: 04:41,09 (01:47,24) 400m: 06:04,64 (01:23,55)	2011	WSG Wunstorf NDM	06:04,64	389	
38.	Nina Koprucki 100m: 01:21,19 (01:21,19) 200m: 02:53,12 (01:31,93) 300m: 04:40,35 (01:47,23) 400m: 06:06,72 (01:26,37)	2004	TV Jahn Wolfsburg LSN	06:06,72	383	EnM
39.	Finja Kruthoff 100m: 01:21,61 (01:21,61) 200m: 02:57,86 (01:36,25) 300m: 04:40,51 (01:42,65) 400m: 06:07,60 (01:27,09)	2008	SV Concordia Emsbüren LSN	06:07,60	380	
40.	Sophia Mört 100m: 01:27,63 (01:27,63) 200m: 03:09,73 (01:42,10) 300m: 04:46,48 (01:36,75) 400m: 06:08,09 (01:21,61)	2004	SV Haren LSN	06:08,09	378	EnM
41.	Lilia Fedorov 100m: 01:29,06 (01:29,06) 200m: 03:04,76 (01:35,70) 300m: 04:48,64 (01:43,88) 400m: 06:08,95 (01:20,31)	2010	VfL Osnabrück LSN	06:08,95	376	
42.	Marie Marpert 100m: 01:30,11 (01:30,11) 200m: 03:07,77 (01:37,66) 300m: 04:46,95 (01:39,18) 400m: 06:09,18 (01:22,23)	2009	TV Jahn Wolfsburg LSN	06:09,18	375	

noch Wettkampf 3 - 400m Lagen weiblich

noch Offene Wertung (LSN)

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA	
43.	Isabel Karolin Maßberg 100m: 01:31,71 (01:31,71) 200m: 03:04,32 (01:32,61) 300m: 04:48,15 (01:43,83) 400m: 06:10,01 (01:21,86)	2010	Delmenhorster SV 1905 LSN	06:10,01	373	
44.	Laney Kiara Pinnow 100m: 01:26,80 (01:26,80) 200m: 02:58,36 (01:31,56) 300m: 04:50,37 (01:52,01) 400m: 06:10,75 (01:20,38)	2008	Schwimm-Club Seevetal LSN	06:10,75	370	EnM
45.	Mira Buddensiek 100m: 01:27,42 (01:27,42) 200m: 03:00,86 (01:33,44) 300m: 04:52,36 (01:51,50) 400m: 06:12,74 (01:20,38)	2009	SSG Braunschweig LSN	06:12,74	364	
46.	Lucy Ann Schröder 100m: 01:23,92 (01:23,92) 200m: 03:00,15 (01:36,23) 300m: 04:51,65 (01:51,50) 400m: 06:13,10 (01:21,45)	2008	TV Jahn Wolfsburg LSN	06:13,10	363	EnM
47.	Olivia Ferreira 100m: 01:24,24 (01:24,24) 200m: 03:03,13 (01:38,89) 300m: 04:52,71 (01:49,58) 400m: 06:15,59 (01:22,88)	2006	Waspo Nordhorn LSN	06:15,59	356	EnM
48.	Pauline Kramer 100m: 01:36,89 (01:36,89) 200m: 03:14,66 (01:37,77) 300m: 04:53,54 (01:38,88) 400m: 06:16,03 (01:22,49)	2010	Polizei SV Oldenburg LSN	06:16,03	355	
49.	Bente Brink 100m: 01:27,13 (01:27,13) 200m: 03:05,85 (01:38,72) 300m: 04:55,74 (01:49,89) 400m: 06:17,46 (01:21,72)	2010	TuS Neuenhaus LSN	06:17,46	351	
50.	Maja Junia Döppner 100m: 01:38,10 (01:38,10) 200m: 03:11,85 (01:33,75) 300m: 04:57,51 (01:45,66) 400m: 06:18,31 (01:20,80)	2011	SSG Braunschweig NDM	06:18,31	349	
51.	Marlene Bührmann 100m: 01:25,20 (01:25,20) 200m: 04:55,37 (03:30,17) 400m: 06:18,40 (01:23,03)	2009	Wardenburger SC LSN	06:18,40	348	
52.	Smilla Danz 100m: 01:39,98 (01:39,98) 200m: 03:15,08 (01:35,10) 300m: 04:59,52 (01:44,44) 400m: 06:19,31 (01:19,79)	2009	Polizei SV Oldenburg LSN	06:19,31	346	
53.	Hayley Harmelink 100m: 01:31,78 (01:31,78) 200m: 03:10,81 (01:39,03) 300m: 04:56,44 (01:45,63) 400m: 06:19,48 (01:23,04)	2010	TuS Neuenhaus LSN	06:19,48	345	
54.	Carla Bredemeier 100m: 01:33,55 (01:33,55) 200m: 03:07,42 (01:33,87) 300m: 04:55,31 (01:47,89) 400m: 06:20,16 (01:24,85)	2011	Wardenburger SC NDM	06:20,16	343	
55.	Johanna Rozek 100m: 01:35,78 (01:35,78) 200m: 03:08,61 (01:32,83) 300m: 05:02,43 (01:53,82) 400m: 06:22,68 (01:20,25)	2009	TWG 1861 Göttingen LSN	06:22,68	337	
56.	Sophia Surmann 100m: 01:35,36 (01:35,36) 200m: 03:14,32 (01:38,96) 300m: 05:06,89 (01:52,57) 400m: 06:34,25 (01:27,36)	2011	Wardenburger SC LSN	06:34,25	308	
57.	Isabella Janitzki 100m: 01:36,77 (01:36,77) 200m: 03:20,28 (01:43,51) 300m: 05:14,55 (01:54,27) 400m: 06:39,46 (01:24,91)	2012	MTV Goslar LSN	06:39,46	296	
58.	Mathea Meyer 100m: 01:44,06 (01:44,06) 200m: 03:21,82 (01:37,76) 300m: 05:18,79 (01:56,97) 400m: 06:39,52 (01:20,73)	2011	ASC Göttingen von 1846 e.V. LSN	06:39,52	296	
59.	Riekje Lauf 100m: 01:38,23 (01:38,23) 200m: 03:18,71 (01:40,48) 300m: 05:16,35 (01:57,64) 400m: 06:49,24 (01:32,89)	2009	Schwimm-Club Seevetal LSN	06:49,24	275	EnM
60.	Marissa Röttger 100m: 01:41,55 (01:41,55) 200m: 03:25,18 (01:43,63) 300m: 05:18,99 (01:53,81) 400m: 06:51,19 (01:32,20)	2011	MTV Goslar LSN	06:51,19	271	EnM
61.	Melina Busse 100m: 01:39,92 (01:39,92) 200m: 03:22,60 (01:42,68) 300m: 05:22,25 (01:59,65) 400m: 06:51,23 (01:28,98)	2012	Celler Schwimm-Club e.V. LSN	06:51,23	271	
62.	Elva Krauß 100m: 01:43,84 (01:43,84) 200m: 03:34,21 (01:50,37) 300m: 05:32,03 (01:57,82) 400m: 07:08,37 (01:36,34)	2012	SV Nienhagen 1928 LSN	07:08,37	240	

noch Wettkampf 3 - 400m Lagen weiblich

noch Offene Wertung (LSN)

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	FINA	
63.	Lea Enzensberger	2012	Polizei SV Oldenburg LSN	07:10,20	237	EnM
	100m: 01:42,79 (01:42,79) 200m: 03:26,68 (01:43,89) 300m: 05:34,43 (02:07,75)					
	400m: 07:10,20 (01:35,77)					

Abschnittende: 18:16 Uhr

Protokollende: 18:30 Uhr

Schiedsrichter

Protokollführer