

Wettkampf 103 - 400m Lagen weiblich

VR: 05:03,90 - Charlotta Ingenerf (Wardenburger SC) am 09.12.2022 in Braunschweig

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1.	Amelie Sophie Buss 100m: 01:35,31 (01:35,31) 200m: 03:08,43 (01:33,12) 300m: 04:59,49 (01:51,06) 400m: 06:23,68 (01:24,19)	2012	SC Altwarmbüchen	06:23,68	334	
2.	Jana Luise Papstein 100m: 01:37,49 (01:37,49) 200m: 03:13,10 (01:35,61) 300m: 05:03,44 (01:50,34) 400m: 06:31,32 (01:27,88)	2012	MTV Goslar	06:31,32	315	
3.	Marlene Knoop 100m: 01:29,08 (01:29,08) 200m: 03:11,91 (01:42,83) 300m: 05:10,99 (01:59,08) 400m: 06:43,34 (01:32,35)	2012	MTV Goslar	06:43,34	288	
4.	Elina Unruh 100m: 01:42,95 (01:42,95) 200m: 03:26,04 (01:43,09) 300m: 05:29,55 (02:03,51) 400m: 07:04,79 (01:35,24)	2012	TWG 1861 Göttingen	07:04,79	246	RZ
5.	Kaley Cohrs 100m: 01:47,82 (01:47,82) 200m: 03:42,49 (01:54,67) 300m: 05:39,27 (01:56,78) 400m: 07:27,44 (01:48,17)	2012	TV Jahn Schneverdingen	07:27,44	210	RZ

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1.	Caroline Kramer 50m: 00:35,59 (00:35,59) 100m: 01:16,47 (00:40,88) 150m: 01:59,69 (00:43,22) 200m: 02:43,43 (00:43,74) 250m: 03:33,13 (00:49,70) 300m: 04:20,35 (00:47,22) 350m: 05:02,21 (00:41,86) 400m: 05:42,03 (00:39,82)	2011	Celler Schwimm-Club e.V.	05:42,03	472	
2.	Caya Lia Ricken 50m: 00:39,65 (00:39,65) 100m: 01:25,82 (00:46,17) 150m: 02:15,05 (00:49,23) 200m: 03:02,56 (00:47,51) 250m: 03:49,78 (00:47,22) 300m: 04:39,40 (00:49,62) 350m: 05:21,26 (00:41,86) 400m: 06:01,61 (00:40,35)	2011	GTV Bremerhaven	06:01,61	399	
3.	Pia Abdic 50m: 00:39,53 (00:39,53) 100m: 01:25,75 (00:46,22) 150m: 02:14,95 (00:49,20) 200m: 03:01,30 (00:46,35) 250m: 03:50,98 (00:49,68) 300m: 04:40,85 (00:49,87) 350m: 05:25,10 (00:44,25) 400m: 06:05,25 (00:40,15)	2011	SGS Hannover	06:05,25	387	
4.	Johanna Froschauer 50m: 00:38,02 (00:38,02) 100m: 01:29,09 (00:51,07) 150m: 02:16,20 (00:47,11) 200m: 03:01,75 (00:45,55) 250m: 03:57,63 (00:55,88) 300m: 04:54,06 (00:56,43) 350m: 05:33,30 (00:39,24) 400m: 06:09,65 (00:36,35)	2011	SV Bayreuth	06:09,65	374	
5.	Neva Mielke 50m: 00:46,28 (00:46,28) 100m: 01:38,89 (00:52,61) 150m: 02:25,33 (00:46,44) 200m: 03:12,42 (00:47,09) 250m: 04:10,04 (00:57,62) 300m: 05:07,57 (00:57,53) 350m: 05:49,49 (00:41,92) 400m: 06:32,43 (00:42,94)	2011	ASC Göttingen von 1846 e.V.	06:32,43	312	

Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1.	Clara Lou Küsel 50m: 00:33,88 (00:33,88) 100m: 01:14,23 (00:40,35) 150m: 01:58,18 (00:43,95) 200m: 02:40,90 (00:42,72) 250m: 03:30,11 (00:49,21) 300m: 04:19,36 (00:49,25) 350m: 04:57,32 (00:37,96) 400m: 05:32,66 (00:35,34)	2010	SSG Braunschweig	05:32,66	513	
	<u>abgemeldet</u> Maileen Pilwat	2010	SG Wasserratten Norderstedt			

Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1.	Maya Grewe 50m: 00:35,73 (00:35,73) 100m: 01:17,77 (00:42,04) 150m: 02:00,06 (00:42,29) 200m: 02:40,52 (00:40,46) 250m: 03:26,97 (00:46,45) 300m: 04:13,12 (00:46,15) 350m: 04:51,10 (00:37,98) 400m: 05:27,65 (00:36,55)	2009	SSG Braunschweig	05:27,65	537	

noch Wettkampf 103 - 400m Lagen weiblich

noch Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
2.	Lisa Neukamm 50m: 00:34,80 (00:34,80) 100m: 01:14,76 (00:39,96) 150m: 02:00,54 (00:45,78) 200m: 02:45,97 (00:45,43) 250m: 03:33,74 (00:47,77) 300m: 04:20,32 (00:46,58) 350m: 04:57,18 (00:36,86) 400m: 05:32,88 (00:35,70)	2009	SV Bayreuth	05:32,88	512	
3.	Mayra Mahnken 50m: 00:35,55 (00:35,55) 100m: 01:15,67 (00:40,12) 150m: 02:01,98 (00:46,31) 200m: 02:48,64 (00:46,66) 250m: 03:37,83 (00:49,19) 300m: 04:27,56 (00:49,73) 350m: 05:08,25 (00:40,69) 400m: 05:45,49 (00:37,24)	2009	GTV Bremerhaven	05:45,49	458	
4.	Isabella Simon 50m: 00:36,83 (00:36,83) 100m: 01:21,55 (00:44,72) 150m: 02:07,11 (00:45,56) 200m: 02:51,40 (00:44,29) 250m: 03:45,77 (00:54,37) 300m: 04:37,77 (00:52,00) 350m: 05:18,42 (00:40,65) 400m: 05:58,14 (00:39,72)	2009	GTV Bremerhaven	05:58,14	411	
5.	Ava Großmann 50m: 00:35,95 (00:35,95) 100m: 01:20,30 (00:44,35) 150m: 02:05,44 (00:45,14) 200m: 02:49,44 (00:44,00) 250m: 03:43,42 (00:53,98) 300m: 04:35,13 (00:51,71) 350m: 05:17,28 (00:42,15) 400m: 05:59,69 (00:42,41)	2009	SGS Hannover	05:59,69	406	
6.	Johanna Rozek 50m: 00:40,29 (00:40,29) 100m: 01:28,03 (00:47,74) 150m: 02:13,88 (00:45,85) 200m: 02:59,87 (00:45,99) 250m: 03:54,93 (00:55,06) 300m: 04:48,19 (00:53,26) 350m: 05:26,60 (00:38,41) 400m: 06:05,45 (00:38,85)	2009	TWG 1861 Göttingen	06:05,45	387	
7.	Mira Buddensiek 50m: 00:37,02 (00:37,02) 100m: 01:24,08 (00:47,06) 150m: 02:10,55 (00:46,47) 200m: 02:55,93 (00:45,38) 250m: 03:51,54 (00:55,61) 300m: 04:45,96 (00:54,42) 350m: 05:28,08 (00:42,12) 400m: 06:07,96 (00:39,88)	2009	SSG Braunschweig	06:07,96	379	
8.	May Wode 50m: 00:39,71 (00:39,71) 100m: 01:27,82 (00:48,11) 150m: 02:19,95 (00:52,13) 200m: 03:12,60 (00:52,65) 250m: 04:12,70 (01:00,10) 300m: 05:12,23 (00:59,53) 350m: 05:59,54 (00:47,31) 400m: 06:46,96 (00:47,42)	2009	Wasserfreunde Northeim	06:46,96	280	RZ

Jahrgang 2008

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1.	Paula Hinze 50m: 00:37,98 (00:37,98) 100m: 01:22,33 (00:44,35) 150m: 02:10,35 (00:48,02) 200m: 02:57,38 (00:47,03) 250m: 03:52,97 (00:55,59) 300m: 04:46,39 (00:53,42) 350m: 05:28,59 (00:42,20) 400m: 06:10,29 (00:41,70)	2008	SGS Hannover	06:10,29	372	
	<u>nicht am Start</u> Julie Mensching	2008	ASC Göttingen von 1846 e.V.			

Jahrgang 2006/2007

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1.	Carlotta Ingenerf 50m: 00:31,88 (00:31,88) 100m: 01:07,07 (00:35,19) 150m: 01:45,40 (00:38,33) 200m: 02:23,38 (00:37,98) 250m: 03:06,03 (00:42,65) 300m: 03:49,08 (00:43,05) 350m: 04:24,55 (00:35,47) 400m: 04:59,73 (00:35,18)	2006	W98 Hannover	04:59,73	701	VR
2.	Malou Fellner 50m: 00:39,98 (00:39,98) 100m: 01:26,12 (00:46,14) 150m: 02:10,42 (00:44,30) 200m: 02:55,67 (00:45,25) 250m: 03:44,61 (00:48,94) 300m: 04:31,32 (00:46,71) 350m: 05:12,90 (00:41,58) 400m: 05:51,69 (00:38,79)	2007	SSG Braunschweig	05:51,69	434	
	<u>nicht am Start</u> Lea Fellner	2007	SSG Braunschweig			

noch Wettkampf 103 - 400m Lagen weiblich

Jahrgang 2004/2005

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1.	Lilly Grewe 50m: 00:35,50 (00:35,50) 100m: 01:16,69 (00:41,19) 150m: 02:02,92 (00:46,23) 200m: 02:48,23 (00:45,31) 250m: 03:37,12 (00:48,89) 300m: 04:24,78 (00:47,66) 350m: 05:04,24 (00:39,46) 400m: 05:42,46 (00:38,22)	2005	SSG Braunschweig	05:42,46	470	
2.	Elisabeth Keese 50m: 00:39,25 (00:39,25) 100m: 01:24,73 (00:45,48) 150m: 02:13,00 (00:48,27) 200m: 02:59,04 (00:46,04) 250m: 03:54,19 (00:55,15) 300m: 04:48,54 (00:54,35) 350m: 05:33,07 (00:44,53) 400m: 06:17,14 (00:44,07)	2005	ASC Göttingen von 1846 e.V.	06:17,14	352	RZ

Jahrgang 2003 und älter

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1.	Jessica Lilienthal 50m: 00:36,26 (00:36,26) 100m: 01:18,33 (00:42,07) 150m: 02:01,89 (00:43,56) 200m: 02:43,98 (00:42,09) 250m: 03:34,98 (00:51,00) 300m: 04:25,52 (00:50,54) 350m: 05:05,07 (00:39,55) 400m: 05:44,00 (00:38,93)	1996	SSG Braunschweig	05:44,00	464	
2.	Nadia Kristin Fraatz 50m: 00:44,73 (00:44,73) 100m: 01:34,79 (00:50,06) 150m: 02:28,90 (00:54,11) 200m: 03:23,40 (00:54,50) 250m: 04:23,45 (01:00,05) 300m: 05:19,87 (00:56,42) 350m: 06:05,28 (00:45,41) 400m: 06:50,07 (00:44,79)	1995	TWG 1861 Göttingen	06:50,07	274	RZ